

SAFETY MANUAL FOR Landscape gardeners

SAFETY MANUAL FOR LANDSCAPE GARDENERS



Branchearbejdsmiljøudvalget Jord til Bord

SAFETY MANUAL FOR
**Landscape
Gardeners**



Further information and Sector Guides are available by contacting *Branchearbejdsmiljøudvalget Jord til Bord*:

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Acts, Executive Orders, *At-Vejledninger* (Guidelines), *At-Anvisninger* (Instructions), *At-meddelelser* (Notifications) and *At-cirkulæreskrivelser* (Circulars) can be found on *Arbejdstilsynet's* website www.at.dk.

Safety manual for landscape gardeners

This Sector Guide has been compiled for *Branchefællesskab for Arbejdsmiljø (BFA)* by *Branchearbejdsmiljøudvalget (BAU)* in collaboration with *Jordbrugets Arbejdsmiljøudvalg*.

BAU Jord til Bord is part of *BFA Transport, Service, Turisme og Jord til Bord* and is tasked with providing information and guidance on the working environment.

Arbejdstilsynet has reviewed this Sector Guide and finds the contents to be in line with *Arbejdsmiljøloven*.

Arbejdstilsynet has only assessed the guide as presented and has not considered whether it covers all relevant topics within the particular area. *Arbejdstilsynet's* findings are also subject to future technological developments.

In addition, sections on chemical legislation have been subject to legal consultation by *Miljøstyrelsen*.



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Reporting of industrial injuries

Industrial injuries are understood as industrial accidents, short-term harmful influences, e.g. cases of poisoning, sudden lifting injuries and occupational diseases. Industrial injuries should be discussed within the health and safety organisation with a view to preventing similar incidents.

Industrial accidents

Employers have a duty to report industrial accidents and cases of poisoning.

The employer must report industrial accidents and cases of poisoning that result in incapacity to work for 1 day or more (in addition to the day the injury is sustained) to *Arbejdstilsynet* as soon as possible and within 9 days of the first day of absence.

In the case of work that is not carried out for an employer, the owners and users of machines and other technical aids have a duty to report accidents that have occurred while using the equipment, e.g. chainsaws, woodchippers or brushcutters, to *Arbejdstilsynet*.

The report must be made digitally in the EASY electronic reporting system via *Virk.dk* or *at.dk*.

The employer must give the enterprise's health and safety organisation (the health and safety representative) access to the report. In addition to this, the employer must give the injured party a copy of the report.

Anyone is entitled to report industrial accidents, short-term harmful influences and sudden lifting injuries to *Arbejdstilsynet* and *Arbejdsmarkedets Erhvervssikring*.

The employer also has a duty to report industrial accidents, short-term harmful influences lasting up to 5 days or sudden lifting injuries that may be assumed to legally justify a payment claim as soon as possible, and within 9 days, to *Arbejdstilsynet* or *Arbejdsmarkedets Erhvervssikring*.

Occupational diseases

Doctors and dentists have a duty to report occupational diseases.



Doctors and dentists who, in the course of their work, establish or suspect that a person has contracted an established or suspected occupational disease, or has otherwise been exposed to harmful influences at their work site, must report the matter to *Arbejdstilsynet* and *Arbejdsmarkedets Erhvervssikring*.

The report must be made as soon as possible, and within 8 weeks from when the doctor or dentist becomes aware of the occupational disease or harmful influence, including details of the presumed work connection.

The report must be made digitally in *Arbejdstilsynet's* and *Arbejdsmarkedets Erhvervssikring's* EASY reporting system.

The report does not require the consent of the injured party. However, the injured party may request that the case not be dealt with by *Arbejdsmarkedets Erhvervssikring*.

The employer has a duty to report occupational diseases, such as back pain or eczema, to their insurance company or *Arbejdsmarkedets Erhvervssikring*. Anyone is entitled to report occupational diseases.

It is important that the trade unions are involved prior to the reporting of occupational diseases.

A significant extension to the limitation period has been introduced for occupational diseases. This means that persons with occupational diseases that develop more than 30 years after the harmful influence are still eligible for compensation.

Digital reporting of industrial injuries

The employer must report industrial accidents digitally in the EASY electronic reporting system via *Virk.dk* or the website *www.at.dk*.

It is the duty of the employer to report a work-related accident. If this is not done, the employee may report the accident themselves via *Virk.dk*.

Doctors and dentists must report occupational diseases digitally in the ESS reporting system at *Virk.dk*.

All Danish enterprises, trade unions and other parties may use EASY to report industrial accidents.



Working in areas with traffic

In some cases, contractors carry out work along the verge of busy public roads or on central reservations. Stationary roadwork refers to work that takes place at the same site for more than one working day. Mobile roadwork refers to work of shorter duration carried out at the same site for a maximum of one working day or continuously moving work.

Work vehicles, machines, tractors and similar vehicles must be equipped with flashing or rotating amber lights when they are being brought into position, when they are working or when they might otherwise cause a disturbance for other traffic.

Protruding parts of vehicles, machinery, etc., are equipped with yellow/black markings.

In addition, it is recommended that work vehicles and machines used for roadwork outside the designated working area are supplied with vertical red and white stripes.

Persons outside the closed-off area must wear class 3 (DS/EN 471) “high visibility clothing” such as coveralls or trousers and jacket/vest. The workwear must be in fluorescent material in yellow, orange or red. The clothing must be fitted with white reflectors.

The employer must ensure that high visibility clothing is available when the work situation, in accordance with a specific risk assessment, e.g. a workplace assessment, requires the employee to be clearly visible during work. The employer must also ensure that high visibility clothing is used from the start of work and throughout its duration. High visibility clothing is personal protective equipment

Vehicles that are operated by a walking operator (sweepers, etc.), must be designed so they automatically come to a stop when the operator releases the control levers.

In weather conditions of poor visibility, continuously moving roadworks other than snow clearing, salting and gritting should be discontinued, e.g. mowing.

On major roads with any traffic or on roads with heavy or fast traffic, the work site must be marked out with mobile barriers, cones or edge delineators. On motorways, where the work vehicle is operating at speeds of less than 40 km/h, transverse barriers and warning signs must be used if the vehicle is on the roadway.

In addition, general signage rules apply in accordance with the Danish Road Traffic Act.

- *Justitsministeriet, Færdselsloven.*
- *At-vejledning 2.10.2 om reflekstøj.*
- *BFA Bygge og Anlæg, Håndbog for afmærkning af vejarbejder m.m.*





Work on slopes, in lakes and ditches

Working on slopes can strain different parts of the body. Depending on the incline of the slope and the type of surface, it can be difficult to stand or walk without slipping or stumbling. There is therefore a real risk of an accident and sudden unexpected strain that may cause acute or lasting damage, e.g. in the legs or back. If the surface is smooth and slippery, the risk is further increased. Operating machinery under these conditions carries a further risk.

The work may consist of:

- Clearing with brushcutters
- Planting
- Fertilizing with a backpack sprayer
- Laying of woodchip

When working on slopes, in ditches and the like where there is no horizontal surface, work must be planned and organised in order for it to be carried out safely. This includes assessing the incline of the slope, the type of surface, appropriate footwear, the duration of the work and other relevant conditions such as the weather and height of the slope.

Uneven terrain requires the use of well-fitting footwear. Lace-up boots provide better support than shoes and offer a certain amount of ankle protection. In addition, the soles of the footwear must provide a good secure footing on a smooth surface.

It may be necessary to organise the work so as to switch between working on a slope and on a flat surface, with periods of maximum 1 hour spent on a slope separated by periods of 30 minutes of other work on a flat surface.

When working in lakes, ditches and the like, you must wear suitable workwear, which in most cases means waders. In some cases, a rain jacket is also necessary.

When working outdoors in wet weather, suitable rainwear must be provided, i.e. allowing the body to breathe while preventing the body or workwear from getting wet.

When working in creeks and ditches full of water, it is often necessary to have two people present and to use a safety line, as there is a risk of falling and not being able to get out again. If there is a lot of water in the ditch or creek, it may also be necessary to wear a life jacket.

REMEMBER! Because of the nature of the work, it is important that there is access to welfare facilities with a bath/shower, drying room, etc.

See “Design and fitting out of the work site”.

- *At-vejledning 12.1.1 om Vådt arbejde.*
- *At-vejledning B.1.1.1 om Færeværn på traktorer og motorredskaber.*





Health and safety organisation

Health and safety work in the enterprise is handled through cooperation between the employer, the supervisors and other employees.

This cooperation will create the framework for the strategic and operational health and safety tasks in the company. Strategic refers to overall, planning, forward-looking and coordinating tasks. Operational refers to day-to-day tasks.

Health and safety meeting

All enterprises with employees must hold an annual health and safety meeting, which should i.a.:

1. Organise the content of the health and safety cooperation for the coming year.
2. Establish how this cooperation will be implemented.
3. Assess whether the previous year's objectives have been achieved.
4. Establish goals for the coming year's cooperation.
5. Discuss whether the enterprise has the necessary knowledge of health and safety if there are less than 10 employees.

In addition, it is recommended that the workplace assessment should be a fixed item on the agenda of the health and safety meeting.

It is the role of the employer to ensure that the annual health and safety meeting takes place. If there is a health and safety organisation, it should be involved in the meeting.

The employer must be able to document in writing to *Arbejdstilsynet* that the annual health and safety meeting has taken place. The enterprise itself decides how this will be documented.

Arbejdstilsynet has prepared a template for documentation of the annual meeting. But you may also e.g. simply note in your workplace assessment when the meeting took place and who attended.

Less than 10 employees - without a health and safety organisation

In enterprises with less than 10 employees, it is the duty of the employer to ensure that there is cooperation on health and safety. The cooperation should involve regular direct contact and dialogue between the employer, any supervisors and the other employees. There is no obligation to set up a health and safety organisation.

Employees must be consulted when planning and introducing new technology, including health and safety implications when choosing personal protective equipment, technical aids, etc.

Employees must be given all the necessary information concerning health and safety, as well as the opportunity to make suggestions regarding health and safety.

10 employees or more - with a health and safety organisation

In enterprises with 10 or more employees, it is necessary to have a health and safety organisation.

The health and safety organisation must as a minimum consist of a health and safety representative elected by the employees and a supervisor appointed by the employer, with the employer or a representative of the employer as chairperson.

The employer participates if there is no supervisor. The health and safety representative is protected against dismissal or any other impairment of their conditions in the same way as shop stewards within the same or any similar sector.

Part-time employees, young workers, etc., are included in the calculation of the number of employees. Supervisors and the employer are not included.

In enterprises with 10-34 or more employees, the employer must establish a one-level health and safety organisation.





In the case of work that is fully or partially performed at temporary or varying work sites outside the enterprise's permanent work site (including building and construction work), cooperation on health and safety issues must take place within a health and safety organisation if five or more employees work for the same employer at the external work site and the work is carried out over a period of at least 14 days.

A single-level health and safety organisation must perform both the overall and day-to-day tasks that, in enterprises with a multi-level health and safety organisation, are handled by health and safety groups and health and safety committees respectively.

In enterprises with 35 or more employees, the employer must establish a two-level health and safety organisation:

- 1 level with one or more health and safety groups, and
- 1 level with one or more health and safety committees.

A health and safety group consists of one appointed supervisor and one elected health and safety representative.

A health and safety committee consists of supervisors and health and safety representatives from one or more health and safety groups, with the employer or a representative of the employer as chairperson.

The required number of members of the health and safety organisation is determined according to a subsidiarity principle. There must be at least the same number of health and safety representatives as supervisors in the health and safety organisation.

Compulsory health and safety training

Health and safety representatives and supervisors within the health and safety organisation have the right and duty to take part in the compulsory three days of health and safety training.

The training must be completed within 3 months after a person has been elected or appointed to the health and safety organisation.

The training focuses on good cooperation and a systematic approach to solving day-to-day health and safety problems.

It is customary for the health and safety representative and supervisor to participate in the same course. By doing so, they will have the same knowledge and thus be able to work together in performing health and safety tasks.

The employer pays all expenses in connection with the activities of the health and safety representative and indemnifies them for any loss of earnings and expenses incurred in connection with compulsory participation in the training.

Health and safety representatives and supervisors who have completed the statutory health and safety training later than 1 April 1991 do not need to participate in the new training.

Branchearbejdsmiljørådet (BAU) Jord til Bord, Jordbrugets Arbejdsmiljøudvalg is a health and safety training provider. See *BAU Jord til Bord's* website, www.BAUjordtilbord.dk, for information on current training courses. Here you will receive training alongside other employees within the "green" sector: Agriculture, forestry, horticulture and landscape gardening.

Supplementary health and safety training

The employer is obliged to offer health and safety representatives and supervisors within the health and safety organisation:

- 2 days of relevant training within the first 12 months
- 1.5 days of relevant training every subsequent year

- *At-vejledning F.3.1 om samarbejde om arbejdsmiljø i virksomheder med højst ni ansatte.*
- *At-vejledning F.3.2 om samarbejde om arbejdsmiljø i virksomheder med 10-34 ansatte.*
- *At-vejledning F.3.3 om samarbejde om arbejdsmiljø i virksomheder med mindst 35 ansatte.*
- *At-vejledning F.3.6 om aftale om virksomhedernes samarbejde om arbejdsmiljø.*
- *BAU Jord til Bord, Få styr på arbejdsmiljøet.*
- *BAU Jord til Bord, Arbejdsmiljøarbejdet – hvordan gribes det an!*





Workplace assessment

Work must be planned and organised in such a way that it can be carried out appropriately in respect of health and safety. The basis for this is i.a. the performance of an assessment of health and safety conditions at the work site – a workplace assessment.

All employers with employees have a duty to prepare a written workplace assessment. This duty also applies in the case of fixed-term employment or casual employment.

It is the responsibility of the employer to make sure that a written workplace assessment is prepared ensuring that all major health and safety issues are covered by the enterprise's health and safety work.

The enterprise may choose the method for performing the workplace assessment, but the assessment must cover these five elements:

1. Identification and mapping of the enterprise's health and safety conditions.
2. Description and assessment of the enterprise's health and safety issues.
3. Inclusion of the enterprise's sickness absence with a view to assessing whether the enterprise's health and safety conditions may be contributing to sickness absence.
4. Priorities and an action plan to resolve the enterprise's health and safety issues.
5. Guidelines for following up on the action plan.

The workplace assessment must be in writing, be kept on the enterprise's premises and be accessible to employees and *Arbejdstilsynet*. The workplace assessment may also be prepared in electronic form.

The workplace assessment must be updated when changes occur in relation to the nature of the work, working processes and methods, etc., that may have an impact on the working environment of the enterprise, but no later than every three years.

It is the responsibility of the employer to make sure that the health and safety organisation is involved in and participates throughout the process. This applies to planning, organisation, performance, follow-up and revision of the workplace assessment.

Participation must be documented by means of the health and safety organisation signing off the workplace assessment. In enterprises that do not require a health and safety organisation, the employees must participate in the work in an equivalent manner.

The employer must seek assistance from a health and safety adviser or other expert if the enterprise itself does not have the necessary insight to perform a workplace assessment.

If hazardous substances and materials are kept at the workplace, the workplace assessment should include the following elements, unless the employer documents that the nature and extent of the impacts are negligible and preventative measures are unnecessary:

1. The hazardous properties of the substances and materials.
2. The level, type and duration of exposure.
3. The circumstances surrounding the work involving hazardous substances and materials, including the quantity.
4. The effect of the preventative measures taken or to be taken.
5. The conclusions that can be drawn, where possible, from occupational health examinations.
6. Limit values set by *Arbejdstilsynet*.
7. Supplier health and safety information.

The chemical risk assessment may form the basis of the special assessment for substances and materials in the workplace assessment, together with the prepared list of all hazardous substances and materials used at the workplace and with reference to relevant safety data sheets (supplier's directions for use).





In addition, it should be noted that special requirements apply in a number of areas. This applies to i.a.:

- health and safety of pregnant women
 - risk of cancer
 - GM microorganisms
 - Chemical substances and materials
 - biological agents
 - work in connection with explosive atmospheres
 - smoking policy.
-
- *At-vejledning C.1.3 om arbejde med stoffer og materialer.*
 - *At-vejledning D.1.1 om arbejdspladsvurdering.*
 - *At-vejledning D.3.4 om arbejdsrelateret muskel- og skeletbesvær.*
 - *At-vejledning D.4.1 om kortlægning af det psykiske arbejdsmiljø.*
 - *BAU Jord til Bord, Branchevejledning om Arbejdspladsvurdering.*
 - *BAU Jord til Bord, www.baujordtilbord.dk/apvnet.*

Design and fitting out of the work site



The rules governing the design and fitting out of the work site concern how the work site must be organised so that work can be carried out appropriately in respect of health and safety.

The rules apply to all enterprises with employees. The rules do not apply to enterprises where there are only the owner and resident family members working. However, if there is just one person employed, the rules become applicable to the employer and their family.

A distinction is made between:

- *varying work sites*
- *permanent work sites.*

Varying work sites

The rules governing varying work sites come into effect when the employer permits employees to carry out work at a foreign enterprise or at another location outside their own operating facilities. These rules also apply at the employer's own operating facilities if this not covered by the Executive Order on the design and fitting out of permanent work sites.

For enterprises within forestry, agriculture and horticulture, this means that work carried out in the field or forest will be covered by the rules on varying work sites. This also applies to forestry contractors who carry out work on the premises of customers.

In the case of varying work sites, it is the responsibility of the employer to assess and ensure that the conditions at the work site comply with the applicable rules.



Welfare arrangements

In the case of varying work sites, the employer must ensure that the employee has access to the following facilities during working hours:

- Toilet
- Suitable dining area, if the working period includes food breaks
- Handwashing facilities, with running water wherever possible
- Secure storage of clothing and personal belongings.

The nature of the work may also require that employees have access to:

- Changing facilities, where necessary with separate storage of own clothing and workwear
- Room for drying workwear
- Washing facilities, if the work is very dusty, dirty or wet, or if the employee is exposed to high temperatures or a high level of physical exertion.

It is the responsibility of the employer to ensure that there are suitable/correct welfare facilities available for each individual work assignment.

Such welfare facilities do not necessarily have to be accessible on-site but may be established in one of the following ways or a combination thereof:

- A. The facilities may be set up in suitable rooms located in the immediate vicinity of the area where the work is taking place.
- B. The facilities may be set up on-site in a site hut or other mobile unit. Site huts and the like that are made available for use by more than four persons must fulfill the requirements laid down in *Arbejdstilsynets bekendtgørelse om indretning af skurvogne og lignende*. Toilets in site huts, where reasonable and possible, should be connected to a sewer. Drain-free toilets should meet the same hygiene standards as toilets with a water flush.

- C. The facilities are available at an assembly site, departure site or similar. The facilities here must meet the requirements for welfare arrangements for permanent work sites. A prerequisite for the assembly site's toilet facilities being considered as providing adequate access to toilets, however, is that the employee is able to return to the assembly site at reasonable intervals, or that the employee otherwise has reasonably easy opportunities to use the facilities at the assembly site. If this is not the case, a toilet of a reasonable standard must be provided for the employee within a reasonable distance of the work site.
- D. If these alternatives are not practicable, e.g. in cases of work involving long-distance transport, the employer must ensure that employees have access to facilities in another reasonable and appropriate manner. Employees must not be directed to use facilities in their own homes if the work involves heavy soiling or carries a risk of contamination with hazardous substances.

Persons working over larger areas and on short-term assignments at a number of sites may be directed to use the transportation vehicle as a place to eat if it is suitable for the purpose. This means i.a. that the cabin must be capable of being heated independently of the engine and must be provided with special eating facilities (a thermos container for storing food and drink and a table top).

Permanent work sites

The definition of a permanent work site is the enterprise's buildings and operating facilities, including the areas immediately adjacent to them.

If garages or machinery rooms are used in order to carry out work, e.g. repairs, manufacturing operations or major refurbishment of machines and tools, the work site is covered by the rules on the design and fitting out of permanent work sites.

Areas where there is a danger of falling or toppling must be secured with fencing, coverings, railings or other suitable safety installations.





Railings must consist of a handrail at a height of 1 metre, a knee-rail at a height of 0.5 metres and a foot-rail at a height of 15 cm.

Where necessary, signage must be put up providing information or warnings with regard to health and safety matters.

Work rooms are understood as any room within an operating facility in which work is carried out. The work room must be of sufficient size to allow the work to be carried out properly.

The work room must be appropriately insulated against damp, cold, heat, noise and vibrations coming from outside or from other rooms.

Welfare arrangements

A permanent work site must have the following facilities available for employees:

- toilet
- dining area
- handwashing facilities/bathroom
- lockers and changing room
- cleaning area
- telephone

Where no more than three employees are engaged at a permanent work site, the employer may direct the employees to use the facilities in their private residence or in a service residence. It is, however, a condition that the residence is situated close to the work site and that the facilities in question meet the requirements set out in the executive order.

If the enterprise engages more than three employees at a time, welfare facilities must be provided in a permanent building connected with the enterprise. A sufficient number of facilities must be made available, taking into account the type of work and the number of persons generally using them.

Additionally, there are detailed rules on how welfare facilities are to be designed and fitted out.

Scaffolding and transportable personnel lifts



Scaffolding and transportable personnel lifts, e.g. aerial work platforms, are designed to lift persons and materials to the desired working height.

Freestanding scaffolding

Freestanding scaffolding should be erected and used in accordance with the supplier's directions for use, which must be provided to employees together with comprehensive instruction.

Freestanding scaffolding must not be used in strong winds due to risk of collapse. The erection site must be firm and stable. The supporting base must be positioned horizontally and any supporting legs must be used.

Transportable personnel lifts

These consist of a work platform or basket mounted on a mechanical lifting device from which the work platform can be adjusted to the desired height and position.

Personnel lifts may only be used by persons over the age of 18 who have completed the relevant training.

Setup, operating and maintenance instructions, as well as a personnel lift journal in Danish, must be supplied and kept with the lift.

The essential safety instructions contained in the directions for use must be reproduced clearly and concisely on a durable sign on the work platform.

On the access side of the work platform, there must be a sign stating the maximum permitted load in kg, together with the maximum number of persons and other loads.



The work platform must have 1.1 metre high guardrails, comprising handrail, knee-rail and foot-rail on all sides, and a non-slip floor. The access door to the basket must close securely. The guardrails must also ensure that tools and similar items cannot fall from the work platform. Fall protection equipment must always be used when operating personnel lifts.

The controls (buttons or levers) must be designed so that movement ceases when they are released (dead man's switch function) and positioned so as to prevent unintended activation. In the event of operational failure, it should be possible to perform an emergency lowering of the platform from the ground. At least two persons must therefore be present, one of whom must remain on the ground and have proper training and instruction in the emergency lowering procedure.

Personnel lifts must be used in accordance with the supplier's directions for use and must not be left elevated.

Personnel lifts must be inspected and checked as needed, however a main inspection must be carried out at least once a year by the supplier or another expert.

Transportable and stationary personnel lifts must be CE marked.

- *At-vejledning B.2.3.1 om løft af personer med gaffeltruck.*
- *At-vejledning 45.1 om stilladsopstillerens ansvar.*
- *At-vejledning D.5.5 om faldsikring.*
- *At-anvisning nr. 2.3.0.2 om opstilling, eftersyn og vedligeholdelse af hejse-, løfte-, og transportredskaber.*
- *At-meddelelse nr. 2.02.11 om anvendelse af hejse-, løfte og transportredskaber.*
- *At-meddelelse nr. 2.04.3 om transportable personløftere med arbejdsstandplads.*
- *At-meddelelse nr. 2.04.4 om anvendelse af en- og flersøjlede personløftere med arbejdsstandplads.*

Workwear



Here, a distinction is made between regular workwear and workwear that must simultaneously function as personal protective equipment.

Regular workwear

Workwear must not limit freedom of movement and must not be too tight. It should be able to tolerate dirt as well as repeat washes, and moreover be repairable. In colder weather, the workwear should prevent heat loss. It should be both waterproof and windproof, and divert body heat and moisture.

It is also important that the workwear covers the lumbar area and does not separate in the middle when the wearer bends over. Exposure to the cold can lead to pulled muscles.

Underclothing must provide good air circulation and be able to absorb body moisture and sweat. It should ideally fit snugly. A thermal undershirt is recommended.

These days, synthetic underclothing is available that does not absorb moisture but is thin enough for the wearer's body heat to drive moisture and sweat out through the undergarments to the surrounding clothing. This means that the wearer is kept dry and warm closest to the body.

The clothing worn outside the underclothing should be warm and suitable for the season. Two or more sets of intermediate clothing and outerwear are recommended.

The outerwear should protect against wind and bad weather, but must not be so heavy that it limits freedom of movement. The material should be "smooth", ideally waterproof and ventilating.

In cold weather, a hat and gloves are suitable, and in summer a cap to shield the eyes from the sun and prevent headaches.



Workwear featuring kneepads is appropriate in many situations, e.g. laying paving stones.

Rainwear

For outdoor work in wet weather, suitable rainwear must be provided. This should allow the body to breathe and prevent the body and workwear from getting wet.

Personal protective equipment

Personal protection is understood as i.a. clothing intended to protect employees against one or more risks that might jeopardise their safety or health during work. E.g. coveralls, rainwear, thermal wear, safety trousers or clothing that protects against fire hazards.

See “Personal protective equipment”.

- *At-vejledning D.5.2 om høreværn.*
- *At-vejledning D.5.4 om åndedrætsværn.*
- *At-vejledning D.5.5 om faldsikring.*
- *At-vejledning D.5.7 om beskyttelseshjelme.*
- *At-vejledning D.5.8 om øjenværn.*
- *At-vejledning 2.10.2 om reflekstøj.*

Asphalt - tar



Work with asphalt and tar is covered by the Executive Order on substances and materials, which contains rules on the use of asphalt, and the Executive Order on measures to prevent cancer risk (*kræftbekendtgørelsen*). The employer must prepare a risk assessment for work with asphalt and tar based on the safety data sheet (supplier’s directions for use) included upon delivery of the product.

Asphalt products are hazardous. Asphalt fumes consist of a wide variety of substances and particles, including substances that cause respiratory and eye irritation. The composition of the fumes varies depending on the type of asphalt and the temperature at which it is used. The work must be organised and performed so as to prevent inhalation of fumes from the asphalt, inhalation of vapours from the product and contact with the skin.

There is a cancer risk when working with recycled asphalt containing coal tar, including the risk of skin cancer.

Personal protective equipment should normally be used when working with asphalt products to prevent skin contact, i.a. special protective clothing that can prevent the penetration of splatters and particles. This special protective clothing must remain at the work site and may not be taken home by the employee. It is the duty of the employer to clean and maintain the protective clothing. In the case of work that involves heavy soiling, an extra set of protective clothing must be available at the work site.

A face mask must be used for protection against splatters and radiated heat. Suitable gloves must be used that are able to withstand temperatures up to 270 C.

Respirators must be used where there is a risk of inhaling vapours or fumes while working. Mechanical ventilation must be used if the work is being carried out indoors, especially with work involving high-temperature products. The ventilation must consist of an exhaust and air-supply unit affixed in an integrated manner so as to effectively remove the fumes.



When working with asphalt materials, temperatures must be kept as low as possible and must not exceed the temperatures specified for each individual product. To ensure compliance with this, thermostats must be used on the technical aids employed to heat asphalt materials.

Irrespective of the work's duration and the number of employees, special welfare facilities must be made available at the work site (if necessary, in a site hut). There should be a dining room, a toilet, handwashing facilities with hot and cold water and suitable cleaning agents, and a changing and drying room. There must be an opportunity to shower after completion of the work, either at the work site or close by.

Smoking, eating and drinking, as well as the storage of food, drinks or tobacco, are not permitted in work areas exposed to the risk of contamination with carcinogenic substances.

Dining rooms must be designed and fitted out separately and must not be used for other purposes.

Changing and drying rooms must be designed and fitted out connected to washing and showering rooms and must contain two lockers per person; one for "clean" and one for "dirty" clothing.

In cases of short-term asphalt work, e.g. where work is carried out at varying sites during a working day, it is sufficient that the above-mentioned welfare facilities are made available at a regular assembly site, provided this is in close proximity to the work sites.

In addition, special requirements apply to the training of persons working with asphalt.

Work with asphalt materials in the form of road asphalt, mastic asphalt, roofing or thermal bridge insulation and other waterproofing and moisture insulation using bitumen products may only be carried out

by persons who have undergone relevant training and are in possession of a training certificate.

- *At-vejledning C.0.16 om arbejde med asfaltmaterialer.*
- *At-vejledning C.1.3 om arbejdet med stoffer og materialer.*

Pesticides



Pesticides are active substances intended to kill or deter pests, or control plant growth.

The pesticide limit value must be stated in the safety data sheet (supplier's directions for use).

Work with pesticides must be planned and organised in such a way that it can be carried out appropriately in respect of health and safety. Before spraying begins, the hazardous nature of the pesticide must be evaluated by completing a risk assessment based on the label and the safety data sheet (supplier's directions for use), see "Chemical workplace assessment".

All pesticides must be supplied with a label including their classification and marking providing information on applications and methods. The label must be in Danish. The label's directions for use must not be confused with the required safety data sheets.

In the case of hazardous pesticides, a safety data sheet (supplier's directions for use) should be provided when the product is purchased. Hazardous pesticides are mixtures that:

- are classified as hazardous according to *Miljøministeriet's* rules and have a label marked with hazard pictograms or hazard phrases.
- are included with a limit value in *Arbejdstilsynet's* list of limit values for substances and materials and its appendixes.
- contain 1% or more (for gaseous materials 0.2%) of a substance with a limit value included in *Arbejdstilsynet's* list of limit values for substances and materials.
- containing 1% or more (for gaseous materials 0.2%) of a substance classified as harmful to human health or harmful to the environment according to *Miljøministeriet's* classification.



CLP classification, labelling and packaging

As of 1 June 2017, products may only be sold if they are marked according to the CLP Regulation with red and white diamonds – the new EU hazard pictograms.

The labelling of mixtures as “highly toxic/toxic” has been replaced with “acutely toxic”, which means they may be fatal following swallowing, skin contact and/or inhalation, or with the “health hazard” pictogram, which refers to mixtures that can cause chronic harm, such as cancer or allergies, if inhaled.

The safety data sheet (supplier’s directions for use) may appear on the label of the agent. In such cases, all 16 points must be covered satisfactorily. A chemical risk assessment must also be prepared.

See “Chemical workplace assessment”.

Storage

Pesticides, pesticide residues and empty packaging must be stored in an environmentally appropriate manner in respect of health and safety, locked securely, inaccessible to children and separate from foodstuffs, feedstuffs, medicines or similar. Pesticides must only be stored in their original packaging.

An appropriate warning sign must be displayed, e.g. “general hazard”, if large quantities of hazardous substances and mixtures are stored. The above-mentioned signs or marking/labelling must be displayed beside the storage area or on the door to the storage room.

It is also a good idea to mark the chemical room with a clear sign when storing smaller amounts.

When toxic substances and mixtures are stored in a total volume exceeding 125 ml, and where more than five persons have access, a safety officer should be appointed to ensure proper storage and prevent unauthorised persons accessing the substances and mixtures in question.

Spraying liquids, etc. that have been prepared with pesticides must not be left unattended.

Training

As of 1 July 2020, persons working with pesticides must not only be in possession of a spraying certificate, but also be authorised in *Miljøstyrelsens Autorisationssystem til brug af Bekæmpelsesmidler (MAB)*.

This means that persons purchasing and using pesticides must be in possession of a spraying certificate. However, persons who have completed a training programme with content and requirements at least equivalent to the requirements for obtaining the spraying certificate or spraying permit are exempt from this.

Young persons over the age of 15 must, as an essential part of a qualifying vocational programme, perform pesticide application under the guidance of persons holding a spraying certificate or spraying permit.

All persons with a spraying certificate/permit, as well as persons who have completed an equivalent training programme, must take a follow-up course every 4 years.

Spraying certificate

You must hold a spraying certificate if you:

- carry out professional pesticide application for others
- carry out professional pesticide application as part of your own business or a concession
- carry out professional pesticide application as the employee of an enterprise.





Spraying permit

You must hold a spraying permit if you:

- have established your own business or concession before 1 January 1991
- are employed in an enterprise and carry out professional pesticide application for less than 4 hours annually.

Use of personal protective equipment

When mixing and applying chemical pesticides, personal protective equipment must be used, including clothing that can protect employees from risks. It is important that protective equipment is used correctly and that it properly fits the wearer in order to provide the right protection. Personal protective equipment is personal.

To determine which personal protective equipment should be used, carefully read the agent's label and accompanying safety data sheet to identify the hazard class and any hazard phrases. The safety data sheet should indicate which protective equipment is suited to the task. When purchasing protective equipment, the supplier can provide information on which pesticides the protective equipment protects against.

After use, the personal protective equipment must be cleaned in accordance with the pesticide's directions for use. In the absence of directions for use, clean in soapy water and dry thoroughly. Protective equipment must be cleaned after each use, even if the work is to continue the following day. Make absolutely sure that all pesticide residues have been removed from inside the personal protective equipment.

NOTE! Respirator filters cannot be cleaned but must be changed according to the supplier's directions.

When wearing clothing, boots and gloves, the skin can get warm and sweaty and thus become softened and more permeable to agents. It is recommended that you wear cotton gloves underneath your protective gloves, as well as sweat-wicking underclothes, when carrying out spraying work.

Protective equipment that no longer provides the necessary protection, e.g. because it has holes in it or is contaminated with pesticides, must be disposed of.

When choosing gloves, it is important to be aware that they must be resistant to the pesticides that are to be used. Nitrile gloves are resistant to many chemical effects. Regular rubber gloves made of latex do not provide an effective barrier against chemical pesticides and should therefore not be used. Only disposable gloves should be used. If pesticide is spilt on gloves or coveralls, these must be removed before the substance is able to penetrate the material.

Respirators must be carefully maintained. The supplier's directions for use must be strictly observed. Respirators are best kept in a dark and airtight environment to maintain the flexibility of the mask. The lifetime of the filter is shortened if it is not stored in an airtight environment. Work using an air-purifying respirator must not exceed 3 hours per day.

If the work is expected to exceed 3 hours, from the start of work use either an air-purifying respirator with a turbo unit (blower) or an air-supply respirator.

Personal protective equipment, including clothing, must be kept separate from other workwear so it does not become contaminated with pesticides. Moreover, protective equipment must not be stored together with pesticides.

When handling protective equipment, including clothing, be aware of any contamination with pesticides. Pesticides can be absorbed through the skin in the event of unprotected direct contact. Personal protective equipment (clothing) must always be washed separately from workwear and other clothing.

Personal protective equipment is the property of the employer, who meets the expenses and is responsible for washing and cleaning. It is the responsibility of the employer to ensure that protective equipment, including respirators, is properly maintained and thus provides the expected protection.





Personal protective equipment only really provides protection when combined with a high standard of personal hygiene. Personal hygiene means washing the hands and face, and removing workwear prior to eating, drinking or smoking, in order to avoid inhalation of small amounts of pesticide.

Hands must also be washed prior to using the toilet.

If any spray is spilt on the skin, the contaminated area must immediately be washed thoroughly with soap and water. You should therefore always take clean water and soap with you when working “in the field”.

Transport of pesticides

Pesticide sprays that have been mixed ready for use may be freely transported anywhere.

As an agriculturist, you assume responsibility for the agents as soon as they are handed over to you by the retailer or delivered to your enterprise.

As a business person, you can transport pesticides yourself for use in your business. This applies both to transport from the retailer and around the business. You must ensure that the packaging and its labelling is undamaged and that the products are safely stowed and secured. Pesticides must not be transported together with feedstuffs, foodstuffs, etc. There may be special rules for transport of certain pesticides, e.g. agents requiring a poison certificate.

When hauliers transport pesticides, they do so following a number of internationally applicable safety protocols. Larger deliveries should therefore be left to the supplier.

Tractor cabs

New tractors that apply pesticides and liquid fertilizer must be equipped with a category 4 cab that protects against dust, liquid pesticides and their fumes. There will therefore be no requirement to use respiratory protection in category 4 cabs.



Filling and washing of sprayers and tractors

The filling of plant protectives and the washing of field sprayers and tractors that have been used to apply plant protectives, or backpack sprayers that have been used outdoors, must be carried out at a washing site with discharge to a slurry tank or other container, or on the area where the plant protective has been applied. There are special rules concerning the location of washing sites.

Inspection of spraying equipment

As a rule, all sprayers must be inspected before 26 November 2016. The owner of the spraying equipment is responsible for ensuring that pesticides are only applied using approved spraying equipment. Inspected sprayers are given a sticker with the date of the next inspection.

- *Miljøstyrelsens hjemmeside <https://mst.dk/kemi/pesticider/>*
- *BAU Jord til Bords vejledning – Bortskaffelse af kemikalierester og tom emballage.*
- *BAU Jord til Bord, Vejledning om personlige værnemidler, Udendørs, særlige udbringningsmetoder.*



Pruning from an aerial lift

When carrying out tree-pruning work from an aerial lift, dangerous situations may arise for those occupying the lift. This applies to both the chainsaw operator and anyone assisting.

As a general rule, there should only be one person in the basket when chainsaw pruning is being carried out. There may be cases where two persons are needed in the basket, but it should be noted that this can lead to hazardous situations.

There are various ways you can protect yourself against being hit by the saw when using a personnel lift for pruning jobs:

- You can work with just one person in the basket.
- You can work with a long-handle chainsaw, reducing the danger for other persons in the basket.
- You can arrange the basket so that the person not carrying out the pruning is effectively shielded from the saw.
- Both persons in the basket can have passed a special course in pruning and lowering from a personnel lift recognised by *Arbejdstilsynet*.

With regular personnel lifts, there is a danger of being thrown out of the basket if it is hit by a branch. The person in the basket must therefore use a safety harness with a line securely attached to the basket.

The guidelines for pruning are as follows:

- Before starting chainsaw work, remove all smaller branches with a diameter up to approx. 10 cm using a handsaw.
- Before chainsawing, place a rigging rope around the trunk and over a branch or through a rigging loop, attach it to the piece of wood with two turns and finally secure it with a lockable carabiner hook.

- The piece to be sawn off must not be heavier than one person can hold.
- The free end of the rigging rope is held by the assistant, who is positioned at the opposite end of the basket.
- Lower the sawn-off piece after the chainsaw has been stopped and placed in its holder.
- The chainsaw should be outside the basket when started or stopped.

By following these guidelines, you can avoid the risk of the chainsaw being hit by the tree branch or the assistant being hit by the chainsaw.

When working with a chainsaw, both the saw operator and the assistant must wear a safety helmet, hearing protection, eye protection, and trousers and boots with cut-resistant reinforcement.

See also “Chainsaws”, “Felling and forestry work” and “Scaffolding and transportable personnel lifts”.

- *Arbejdstilsynets bekendtgørelse nr. 1109 af 15. december 1992 om anvendelse af tekniske hjælpemidler med senere ændringer.*
- *Arbejdstilsynets bekendtgørelse nr. 1706 af 15. december 2010 om anvendelse af tekniske hjælpemidler med senere ændringer.*
- *At-vejledning B.5.1.1 om arbejde med motorkædesave.*
- *At-meddelelse nr. 2.02.2 om personløft med kran.*
- *At-meddelelse nr. 2.04.3 om transportable personløftere med arbejdsstandplads.*
- *At-vejledning D.5.5 om Faldsikring.*





Hogweed

Hogweed sap is poisonous and can cause a nasty rash similar to burn blisters. When tackling oversized hogweed, you should avoid direct contact with the plant. Always wear goggles or a visor during this type of work. Protect the skin with clothing and wear long rubber gloves and high boots.

If you get sap on your skin, immediately shield the affected area from sunlight and wash it with soap and water as soon as possible. The skin must not be exposed to daylight for 48 hours. Persons with fair skin are especially at risk. If you get sap in your eyes, rinse them, protect them with sunglasses and consult a doctor immediately.

Protection

- Full-coverage, watertight clothing
- Rubber gloves and high boots
- Protective goggles or a visor
- Have water, a flannel and soap available during the work
- Avoid removing hogweed in sunny weather.

Treatment if you get sap on your skin

- Wash the affected area quickly, preferably with soap.
- Apply insect-bite cream to the skin.
- If the rash is bad, consult a doctor.
- Always consult a doctor if sap gets in your eyes.

Management

Management must begin before the hogweed becomes too large. There have been positive experiences with grazing, especially with sheep, though cows and horses can also eat hogweed if the plants are not too large. Mowing is also effective, but must be done many times throughout the year. Management of oversized hogweed from a tractor with a closed cab provides the best protection against getting sap on your skin. If using

a brushcutter or similar, this should be done when the plant reaches approx. 1/2 metre in height.

Be aware that there may be sap on your gloves or clothes, which may come into contact with your skin when you remove your clothing.

Do not use a brushcutter with a cable because it will cause the sap from the plants to spray around.

Pesticides may be used as a form of management under special conditions. See *Miljøstyrelsen's* guidelines www.mst.dk.

- *Naturstyrelsens hjemmeside www.naturstyrelsen.dk*
- *HedeDanmark a/s m. fl., Praktisk bekæmpelse af kæmpebjørneklo.*
- *Miljø- og Fødevareministeriets Bekendtgørelse om Bekæmpelse af kæmpe bjørneklo.*





Leaf blowers – leaf vacuums

Leaf blowers and leaf vacuums (giant vacuums) can be separate machines, but can also come in the form of one dual-function machine.

When working with leaf blowers and leaf vacuums, the general rules of the Executive Order on the use of technical aids must be complied with.

The removal of clogged leaves, branches and the like may only be done once the engine is switched off.

Leaf blowers and leaf vacuums are available in two models; self-propelled and non-self-propelled. When purchasing new machines, you should choose one that is self-propelled, as this puts less strain on the shoulders and avoids the need for strenuous pushing. Likewise, you should choose machines with an electric start device.

Leaf vacuums and blowers normally emit noise well above 80 dB(A). Hearing protection must be provided and used if the noise exceeds 80 dB(A). Unnecessary noise should be avoided.

When purchasing new machines, seek out the quietest machines on the market.

Dust is a big problem when working with leaf blowers and vacuums. A dust-resistant filter mask must be used where bothersome amounts of dust are generated. A P1 filter mask is usually sufficient, however in the case of fungal spores, a P3 filter must be used as a minimum. See “Respiratory protection”.

Limit values have been established for dust. The limit value is 10 mg/m³ for mineral dust (e.g. soil) and 3 mg/m³ for organic dust (e.g. plant residues, fungal spores). Dust-repellent coveralls must be used.

If a hand-operated suction hose with nozzle is connected to these machines, the hose must be fitted with padded shoulder straps and an adjustable handle. Supplier directions for use must always be followed

New leaf blowers/vacuums must be CE marked.

- *At-vejledning D.6.1 om støj.*
- *BAU Jord til Bord, www.stojidetgronne.dk.*

Disposal of chemical residues and empty packaging



Enterprises using pesticides are responsible for disposing of empty packaging and any residues in a proper manner. Pesticides must be stored in their original packaging.

Duty to notify the local authority

Users of pesticides have a duty to notify the local authority if they come into possession of pesticide residues that must be delivered to the local receiving station.

CLP classification, labelling and packaging

As of 1 June 2017, chemicals carrying orange hazard symbols can no longer be sold. Only chemicals with red/white hazard pictograms may be sold. Read more about the labelling of pesticide sprays on *Miljøstyrelsen's* website www.mst.dk.

Receiving stations

The following types of waste must always be delivered to a receiving station:

- pesticide residues,
- all packaging marked with hazard pictograms,
- all packaging that cannot be cleaned using water.

It must be stated on the packaging's label text how the empty packaging is to be disposed of. Packaging from the vast majority of pesticides can be disposed of as ordinary waste once the packaging has been rinsed and the rinsewater poured into the sprayer.

If the waste is in its original packaging, it can quickly be classified. If it features hazard pictograms, the waste will typically be hazardous (based on the principle that hazardous substances, mixtures and items become hazardous waste when disposed of).

Incineration or landfill is not permitted for any form of empty packaging.

Cleaning of packaging

Prior to disposal, the packaging must be completely emptied and cleaned with water. When preparing the pesticide spray, rinse the packaging with three rounds of water to get all the



contents into the sprayer. When rinsing heavily contaminated packaging externally and/or internally, do it in a place where it is certain that the rinsewater cannot run into sewers, streams, lakes, drains, etc. It is particularly important to prevent the rinsewater from running into wells.

Work involving dust must be organised appropriately in respect of health and safety. When working with liquids, avoid spray, splashes or evaporation and wear suitable personal protective equipment.

Storage of empty packaging

It is forbidden to recycle empty packaging or hand it over to others. The empty packaging must be stored in the same way as if it were full or partially empty packaging. See “Chemical substances and materials”.

Disposal

As a supplier of hazardous waste, your enterprise is responsible for the correct sorting, packaging, labelling and declaring of the waste. With regard to the disposal of chemical residues, a special form must be filled out.

Carcinogenic waste must be collected, stored and disposed of in its own sealed containers.

The receiving station is only obliged to receive waste that is properly packaged.

Filling and washing of sprayers and tractors

The filling of plant protectives and the washing of field sprayers and tractors that have been used to apply plant protectives, or backpack sprayers that have been used outdoors, must be carried out at a washing site with discharge to a slurry tank or other container, or on the area where the plant protective has been applied.

There are special rules concerning the location of washing sites.

- *Miljøstyrelsens hjemmeside om Pesticider*
- *BAU Jord til Bord, Branchevejledning om Bortskaffelse af kemikalierester og tom emballage.*
- *Miljøministeriet: Affaldsbekendtgørelsen.*

Brushcutters (strimmers)



Working with brushcutters can put a strain on the back, shoulders and arms. There are many monotonous repetitive movements in awkward postures. The work should therefore be organised to include as much variation as possible, e.g. by switching between different work tasks.

Brushcutters normally emit a level of noise that is significantly higher than the noise limit. Hearing protection should therefore be used to effectively reduce the noise impact.

Brushcutters often have a vibration level higher than 3 m/s². The vibration from the machines should therefore be reduced by e.g. replacing the rubber mounts and replacing the handles with thick rubber handles. In addition, the machines must be regularly maintained.

If the brushcutter has a vibration level below 1 m/s², there is no limit to the operation time.

The daily exposure limit value for an 8-hour reference period is 5 m/s². This limit must not be exceeded. The daily exposure action value for an 8-hour reference period is 2.5 m/s². This means that measures must be taken for loads of 2.5 m/s² and above

When purchasing new machines, you should aim to acquire those with the lowest noise and vibration levels on the market.

Gloves, hearing protection and eye protection must always be worn when working with brushcutters.

Harness straps must be wide and padded.

When using a brushcutter for grass strimming, e.g. for mowing, protective footwear with steel toe-caps should be worn together with coveralls and a face mask for protection against stones.

A safety distance of at least 10 m from other persons must be observed.



When using a brushcutter with a circular saw blade (clearing saw), e.g. when thinning Christmas trees, the same protective equipment must be used as when working with a chainsaw.

The placing on the market of flail-type cutting attachments for portable handheld brushcutters consisting of several connected metal parts is prohibited.

When used for clearing harmful plants, e.g. hogweed, bracken and other plants that can cause allergies, the user must ensure effective protection against the risk of coming into direct contact with sap and plant residues. This means using a face mask, apron, etc., and possibly an extra-wide shield on the brushcutter's shaft.

New brushcutters must be CE marked.

- *Arbejdstilsynets bekendtgørelse nr. 681 af 10. juni 2013 om forbud mod at bringe skæreudstyr af slagletypen til bærbare håndholdte buskryddere i omsætning.*
- *Arbejdstilsynets bekendtgørelse nr. 1109 af 15. december 1992 om anvendelse af tekniske hjælpemidler med senere ændringer.*
- *Arbejdstilsynets bekendtgørelse nr. 1706 af 15. december 2010 om anvendelse af tekniske hjælpemidler med senere ændringer.*
- *At-vejledning B.1.3 om maskiner og maskinanlæg.*
- *At-vejledning D.3.4 om arbejdsrelateret muskel- og skeletbesvær.*
- *At-vejledning D.5.2 om høreværn.*
- *At-vejledning D.5.8 om øjenværn.*
- *At-vejledning D.6.1 om støj.*
- *At-vejledning D.6.2 om hånd-arm vibrationer.*
- *At-vejledning D.6.4 om støjkrav til maskiner til brug i det fri.*

CE marking



Only products specified in the relevant EU directives must be CE marked.

All general machines purchased after 1 January 1995 and personal protective equipment purchased after 30 June 1995 must be CE marked.

Industrial trucks and certain types of building and construction equipment purchased after 1 January 1996 and personnel lifts purchased after 1 January 1997 must be CE marked.

CE marking shows that a product complies with EU regulations. When a manufacturer uses the CE mark, they are declaring at their own responsibility that the product complies with all the legal requirements for CE marking.

The CE mark means that the product has been evaluated before being placed on the market and thus complies with the applicable rules (e.g. a harmonised safety level) for it to be sold. This means that the manufacturer has:

- confirmed that the product fulfills all the relevant requirements (e.g. in terms of health and safety or the environment) in the relevant directives and
- had them examined by an impartial conformity assessment body, where required by the directives.

It is the responsibility of the manufacturer to commission the conformity assessment, to issue the EU conformity declaration and to affix the CE mark to the product.

Directions for use in Danish must be included with delivery.

In addition, there is a requirement for CE noise marking of certain machines for outdoor use.

- *At-vejledning D.6.4 om støjkrav til maskiner til brug i det fri.*
- *Maskindirektivet 2006/42/EF af 17. maj 2006 med senere ændringer.*



Electric hand tools and power supplies

Hand tools can cause ergonomic strain and must therefore be suitable for the user. The use of suitable technical aids can eliminate the strain of prolonged use.

With outdoor use of hand tools, cables, plugs and sockets must be robust enough to withstand heavy loads, damp and oil. Plugs and sockets must be the green/red type or neoprene.

Enterprises must ensure that electric hand tools are regularly inspected in accordance with the manufacturer's guidelines.

General electric hand tools (class 1) must be inspected at least every 2 months.

Double-insulated hand tools (class 2) must normally be inspected every 6 months. Most professional hand tools are double-insulated.

Damaged or defective equipment must not be used and must be taken out of service immediately. Repairs must be carried out before the tool is used again.

Electric hand tools must be fitted with a switch so that the tool can run only when the switch is pressed (dead man's switch) If the machine is to be used for lengthy periods, the switch must be fitted so that it does not force the hand or fingers into a certain fixed position.

Fitted safety features must not be removed or blocked in such a way that prevents it from working as intended.

Hand-arm vibrations are the shaking sensation that affects the hands and arms when using hand tools.

Young persons under 18 years of age are not permitted to use vibrating hand tools, e.g. chisel hammers, with a vibration level exceeding 130 dB(HA), corresponding to 3 m/s². However, short-term work, i.e. less than 30 minutes over an 8-hour work day, is permitted with drills and sanders. See "Vibrations".

New electric hand tools must be CE marked.

Single-axle machines



Rotary tillers and other single-axle machines must have a safety lever (dead man's switch) that stops the machine immediately if the lever is released.

The Danish Road Traffic Act must be adhered to when driving in public areas.

REMEMBER: The machine must always be inspected before work begins, as the driver bears responsibility pursuant to the Danish Road Traffic Act. Illegal machines can result in fines, lenient imprisonment or removal of driving licence.

According to the Danish Road Traffic Act, passengers are not permitted on trailers for motorised implements.

There must not be more persons in the vehicle than there are seats available. Children under 13 years are not permitted.

Exhaust fumes must be discharged in such a way so as to not disturb the operator of the machine.

The noise level of the machine must be reduced as much as possible. If the machine's noise level exceeds 80 dB(A), hearing protection must be provided and worn.

The safety data sheet (supplier's directions for use) must contain information on the noise level. However if the machine was made before 1 January 1993, the supplier must be able to provide the noise level.

The safety data sheet should also contain specific instructions on e.g. safe use of the machine, restrictions on use and maintenance, etc.

Safety footwear with toe protection must be used, as there is a risk of toe injury.

The machine must be adjusted so it can be guided safely with a light grip on the handles.

The vibrations of the machine must be reduced, e.g. with a rubber mount and handles.



The speed must be adjusted according to the surface. The more uneven, the lower the speed.

Avoid large holes where possible.

An anti-vibration seat suitable for the vehicle should be used. The seat must have good back support in relation to the movements that the work entails. It must be well maintained and easily adjusted for/by the driver. The driver must be properly instructed in the adjustment of the seat.

Select machines with low vibration and purchase vehicles with sprung suspension, where possible.

The machines should be maintained regularly so that vibration impact is kept at the original level. Gloves must always be used when working with vibrating machinery. However, be aware that vibration-insulating gloves have a limited effect and do not work at frequencies below approx. 100 Hz.

Anti-vibration gloves must be CE marked.

When purchasing new machines, you should aim to acquire those with the lowest noise and vibration levels on the market.

The safety data sheet should contain information on vibration impact and the level should be stated if it exceeds 2.5 m/s².

See the relevant limit values and action values in “Vibrations”.

If a single-axle tractor is towing a trailer with the operator seated during driving, a car or tractor driving licence is required, unless the driving is done on sections of road that have been safely cordoned off by means of barriers (e.g. roadworks) or off public-access roads.

Special rules apply to young persons under the age of 18 when driving rotary tillers and other single-axle machines. See “Vibrations” and “Young persons’ work”

All new single-axle machines must be CE marked.

- *BAU Jord til Bord, Arbejdsmiljø ved reparation og vedligeholdelse af maskiner.*

Monotonous repetitive work



Monotonous repetitive work involves uniform work movements repeated with great frequency for a significant portion of the working day as part of everyday work. Hedgetrimming, evergreen ornamentation in churchyards, and laying paving stones are examples of potentially monotonous repetitive work.

Work is not considered to be monotonous repetitive work if uniform movements are performed for less than approx. 10% of the total time spent working on the task. On the other hand, the work can very well be monotonous stressful work, as is the case with e.g. surveillance work and driving work.

Unnecessary physical strain and inappropriate work postures and movements should be avoided.

It is also important to be aware that the physical and psychological fatigue often associated with monotonous stressful work influences the ability of the employee to quickly and appropriately respond to an unexpected situation.

At enterprises with monotonous repetitive work, an action plan must be drawn up containing proposed initiatives to be implemented at the enterprise in order to minimise monotonous repetitive work.

At larger enterprises, the health and safety organisation will be central to these efforts. In smaller enterprises without a health and safety organisation, work on the action plan will be undertaken jointly by the supervisor and employees.

Mapping of monotonous repetitive work will be a natural part of the workplace assessment.



Within landscape gardening, the main problems caused by monotonous repetitive work are:

- Tennis elbow, carpal tunnel syndrome, a bad back and bad knees.

Tennis elbow and carpal tunnel syndrome can be caused by the highly uniform movements of the elbow and wrist involved in e.g. laying paving stones and the repeated precision control of the hands, etc.

A bad back can be caused by lots of heavy lifting and twisting of the back.

Bad knees can be caused by e.g. jumping down from large machines, kneeling work, etc.

To minimise monotonous repetitive work and monotonous stressful work, and thereby reduce the risk of injury, it is important to switch between different work tasks and positions during the day, e.g. between sitting, walking and standing work.

By switching between work tasks and positions, the individual will experience a more varied working day and at the same time have the opportunity of more meaningful work.

- *At-vejledning D.3.2 om ensidigt belastende arbejde og ensidigt gentaget arbejde.*
- *BAU Jord til Bord, Branchevejledning om Ensidigt Gentaget Arbejde.*
- *At-vejledning 1.10.1 om Ensidigt, gentaget arbejde.*

Flame weeding



When working with thermal weed treatment, the assembly and installation of gas fittings must be carried out by authorised persons.

The equipment must comply with *Danmarks Gasmateriel Prøvning's* regulations and new machines must be CE marked.

Be aware of the ergonomic strain associated with performing such work.

The employer must ensure that the employee receives the necessary instruction before the work begins.

The flame weeder can be mounted onto tractors or carried by hand. Most often they are mounted onto single-axle tractors. This can cause whole-body vibration impact.

Unnecessary vibration impact should be avoided, e.g. through replacement of rubber mounts and handles. In addition, the machines must be regularly serviced.

The machine must be low-vibration. The vibration level should be stated in the directions for use for handheld CE-marked machines. If the vibration emission exceeds 2.5 m/s^2 , this must be stated in the directions for use.

Hand-arm vibrations

The vibration load can be reduced through technical measures or by limiting exposure time.

- The daily exposure action value for an 8-hour reference period is 2.5 m/s^2 .
- The daily exposure limit value for an 8-hour reference period is 5 m/s^2 . This limit must not be exceeded.



This means that measures must be taken for loads of 2.5 m/s² and above.

Gloves must always be used when working with vibrating machinery. However, be aware that vibration-insulating gloves have a limited effect and do not work at frequencies below approx. 100 Hz.

Harmful strain on the back can occur when loading and unloading gas cylinders due to the weight and the working positions required. See “Manual handling”

When igniting the burner, make sure that no gas has collected that may cause an explosion or flash flames.

Maintain a safe distance from combustible material, e.g. sheds and fences, when working with gas burners. Be careful not to accidentally set fire to the gas hose or nearby persons.

Supplier directions for use must always be followed

- *Arbejdstilsynets bekendtgørelse nr. 1164 af 16. december 1992 om manuel håndtering.*
- *Transportministeriets bekendtgørelse nr. 154 af 20. april 1977 om køretøjers indretning og udstyr m.v. med senere ændringer.*
- *At-vejledning D.3.1 om løft, træk og skub.*
- *At-vejledning D.3.2 om ensidigt, belastende arbejde og ensidigt, gentaget arbejde.*
- *At-vejledning D.5.2-2 om høreværn.*
- *Sikkerhedsstyrelsens Gasreglement.*
- *BAU Jord til Bord, Vejledning og tjekliste ved gasbrænding af ukrudt.*
- *At-vejledning 1.10.1 om EGA.*

Woodchippers and woodchips



Removal of jammed items must only take place when the machine has come to a standstill, i.e. the traction power (e.g. a tractor) must have come to a complete stop. The feed funnel must be sufficiently long that the blades or rollers cannot be reached with an arm or leg. Gloves should be used while working. Manually fed woodchippers must be capable of being started/stopped with a lever that can be reached from either side. Woodchippers designed for crane feeding must not be manually fed.

Woodchippers often reach noise levels above 80 dB(A). Hearing protection must be used when working with machines emitting noise above 80 dB(A). Noise emitted from the machines should be reduced where possible. When purchasing new woodchippers, seek out the quietest machines on the market.

Woodchips contain moulds that can pose a health risk during work. Moulds can cause a wide variety of issues. Headaches, tightness in the chest and irritation of the eyes are common reactions after working with woodchips. Asthma is a rare but very serious reaction. Keep an eye on your health. Tight-fitting protective goggles and a dust mask with P3 filter should be worn. Work only with the wind at your back.

New woodchippers must be CE marked.

- *Arbejdstilsynets bekendtgørelse nr. 1109 af 15. december 1992 om anvendelse af tekniske hjælpemidler med senere ændringer.*
- *At-vejledning B.1.3 om maskiner og maskinanlæg.*
- *At-vejledning D.5.2-2 om høreværn.*
- *At-vejledning D.5.4 om åndedrætsværn.*
- *At-vejledning D.5.8 om øjenværn.*
- *BAU Jord til Bord, Der er skimmelsvampe i flis – folder samt [www. flisogskimmelsvampe.dk](http://www.flisogskimmelsvampe.dk).*



Forklifts and pallet jacks

Forklifts and load stabilisers, which mechanically lift loads along one side of a vertical mast, may only be operated by persons holding a forklift certificate.

Telehandlers, which mechanically lift loads placed on forks at the end of an extendable arm, may only be operated by persons holding a telehandler certificate.

An inspection of these machines must be carried out every 12 months.

The employer must ensure that directions for use in Danish are available and that the operator follows these directions.

Operating a forklift without a forklift certificate is permitted only if the lifting height is no more than 1 metre or the forklift is rail-guided. The lifting height must be limited either by a fixed stop or a fitted key stop.

The driver's seat on a forklift must be covered to protect the operator from falling objects.

In order to reduce the risk of overturning, a forklift intended for a driver must be fitted with one of the following features:

1. a driver's cabin,
2. an arrangement to prevent the forklift from overturning,
3. an arrangement to ensure sufficient space for the person between the ground and certain parts of the forklift
4. a mechanism, e.g. seat belt, to secure the person to the driver's seat.

Forklifts may occasionally be used for lifting persons performing light work, e.g. replacing light bulbs or fluorescent strip lighting, light assembly work, cleaning, painting, etc.

The forklift must be equipped with an approved work basket.

A maximum of two persons may be lifted in the basket. The driver must hold a forklift certificate. There are a number of instructions regarding controls, lifting height, weight limits, operation, etc.

Forklifts designed for lifting persons must be registered with *Arbejdstilsynet*, and a forklift logbook must be provided with all the necessary information.

Forklifts used indoors must be electrically powered.

Forklifts used in areas shared with public transport must also comply with the rules of the Danish Road Traffic Act on design and use.

Forklifts, stabilisers and telehandlers designed and used for crane work may only be operated by persons with a crane certificate.

If you intend to employ workers from abroad or Danes with professional qualifications from abroad, the international qualifications must be recognised by *Arbejdstilsynet* if the work requires this.

You must be able to provide documentation that the qualifications are recognised for e.g. forklifts, load stabilisers and telehandlers.

All new forklifts, load stabilisers and telehandlers must be CE marked.

- *At-vejledning B.2.3.1 om løft af personer med gaffeltruck.*
- *At-anvisning nr. 2.3.0.2 om opstilling, eftersyn og vedligeholdelse af hejse-, løfte- og transportredskaber.*
- *At-vejledning 1.9.1 om gaffelstablercertifikat.*
- *At-vejledning 1.9.2 om gaffeltruckcertifikat.*
- *At-vejledning 1.9.3 om teleskoplæssercertifikat.*
- *At-vejledning 1.9.4 om kranførcertifikat.*





Evergreen ornamentation in churchyards

Evergreen ornamentation in churchyards can cause ergonomic strain. There are many monotonous repetitive movements in awkward working positions. The work should therefore be organised to include as much variation as possible. See “Monotonous repetitive work”.

Where possible, technical aids should be used during transportation to the work site.

- Use self-propelled vehicles for transportation if possible
- Limit manual wheelbarrow transportation as much as possible
- Never overfill a wheelbarrow, as preventing it from tipping over can cause back problems.

Work should be organised to limit time spent working on the knees. This can be achieved, for example, by clipping branches while standing at a work table. If kneeling work cannot be avoided, the knees must be protected. For example, by using cold- and moisture-repellent surfaces that protect the knees from load stress and by wearing knee protectors and/or work trousers with kneepad pockets.

When carrying out evergreen ornamentation, always wear a boiler suit or overalls, rather than separate items of clothing that can separate. Thermal or fibrefur clothing should be worn underneath the boiler suit. This helps keep the back warm, reducing the risk of back injury.

- *At-vejledning D.3.1 om løft, træk og skub.*
- *At-vejledning D.3.2 om ensidigt gentaget arbejde og ensidigt belastende arbejde.*
- *At-vejledning D.3.4 om arbejdsrelateret muskel- og skeletbesvær.*
- *BAU Jord til Bord, film og faktaark. “Grandækning på kirkegårde”.*

Excavators



Excavators may only be operated by persons over 18 years of age. The operator must be instructed and trained in the use and maintenance of the machine.

The excavator must have a safety cab so that the operator is protected in the event of overturning.

The cab must be well-ventilated and fitted with windscreen wipers. The controls must be arranged and designed ergonomically.

Transport of passengers is only permitted if the excavator is designed for it, e.g. fitted with an extra seat. Children under 13 years are not permitted.

Excavators must not be used for lifting persons.

The excavator may only be used in areas where it can be operated properly. The surface on which the machine is to be operated must definitely be capable of bearing the machine at full load. A safe distance from the edge of excavations or slopes must be maintained.

The excavator must be provided with signs warning against moving around within the machine’s working area.

A helmet must be worn within the machine’s working area.

Excavators used where the Danish Road Traffic Act applies must also comply with the rules on motorised implements. See “Driving in public areas”.

In excavation work, there can be a risk of hitting gas and water pipes or electricity and telephone cables. You must therefore obtain drawings showing the location of pipes and cables before starting excavation work.

All new excavators must be CE marked.

- *At-vejledning D.2.13 om gravearbejde.*
- *BAU Jord til Bord, Arbejds miljø ved reparation og vedligeholdelse af maskiner.*



Pregnancy

The work must be organised appropriately in respect of the health and safety of all employees, but special precautions may be necessary to ensure that the work can be carried out by pregnant and breastfeeding women, as well as men and women planning to have children.

Work sites must be designed and fitted out so that particularly sensitive groups can work safely.

Once your employer has been made aware that you are pregnant, the workplace assessment must include an evaluation as to whether as a pregnant woman you are exposed to impacts that could put your pregnancy at risk.

If a risk to pregnancy or breastfeeding is identified, the employer has a duty to implement the following in order of priority:

- Technical arrangements or modified design and fitting out of the work site, e.g. technical aids for lifting.
- Arrangements related to work planning and organisation, including, if necessary, change of working hours, e.g. work alternating between standing/walking and sitting.
- Redeployment to other permanent or temporary work tasks.

If necessary, expert assistance should be sought, e.g. from *Arbejdstilsynet* or *Arbejds- og Miljømedicinsk Klinik*.

Leave of absence

If the harmful impacts cannot be reduced and there is no possibility of redeployment, the pregnant employee may not work at the enterprise.

If the employer is not able to keep the pregnant employee on even though she is not incapacitated, the pregnant employee has the right to full pay during her absence.

In the event of leave of absence during pregnancy, the local authority pays unemployment benefit. Payment is made either directly to the pregnant employee or as reimbursement to the employer.



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In connection with leave of absence, an employer may be required to demonstrate what has been put in place to enable the pregnant employee to continue working.

If it is necessary to take leave of absence, it should be noted that the work site has a health and safety issue that should be addressed by the health and safety organisation.

Chemical effects

Pregnant and breastfeeding women must not be exposed to the effects of products containing substances that are carcinogenic, toxic to reproduction, endocrine disrupting or harmful to the unborn child, organic solvents or substances that are harmful through contact with the skin, including pesticides.

Physical strain

With regard to physical strain, particular focus should be placed on the later stages of pregnancy.

After the first trimester, pregnant employees should be spared heavy lifting, pulling and pushing, as well as work involving prolonged standing/walking, due to increased risk of miscarriage and premature birth. Opportunities for seated work should be provided as an alternative to work involving walking/standing.

Furthermore, attention must be paid to jolting and whole-body vibrations from excavators, forklifts, etc.

Pregnant employees should avoid lifting heavy loads. After the first trimester, pregnant employees should be lifting as little as possible. Lifting of loads in excess of 10-12 kg may entail a health risk. The risk increases in the absence of optimal lifting conditions.



The work site should have a procedure in place for managing the eventuality that an employee falls pregnant.

Pregnancy procedure!

The employer, the pregnant employee and other affected employees should enter into mutual agreements on work tasks and how these are to be carried out during the pregnancy.

Procedure to be followed when a colleague falls pregnant:

1. Can the pregnant employee continue with her current work tasks?

If not!

2. Can technical modifications be implemented so that the pregnant employee can undertake her current work tasks?

If not!

3. Can the work be organised differently and the pregnant employee redeployed (including job rotation)?

If not!

4. A leave of absence may be necessary!

When designing a pregnancy policy, you can get inspiration from "*Branchevejledning om Gravides Arbejds miljø i gartnerier*".

- *At-vejledning A.1.8 om gravide og ammendes arbejdsmiljø.*
- www.gravidmedjob.dk.
- *BAU Jord til Bord, Branchevejledning om gravides arbejdsmiljø i gartnerier.*
- www.gravidgartneri.dk.

Gloves



Gloves provide personal protection, so it is important that the correct gloves are used for particular types of work.

For various types of work, the following types of gloves are recommended:

- When working with chemicals, gloves must be used that are suitable for the task and resistant to the agents being used. Nitrile gloves are resistant to many chemical effects. Penetration time depends on the thickness of the gloves and the chemical effect in question. Gloves are to be single-use only and must be disposed of immediately following contamination with pesticides.
- When handling concentrated liquids, strong rubber or plastic gloves are recommended. These must also be resistant to the agent used and able to withstand the chemical for a suitable time in accordance with the safety data sheet.
- For work with paving stones and the like, cotton gloves with rubber-lined palms or leather gloves are recommended, as these are the most durable.
- Lined gloves are recommended for work in winter to avoid unnecessarily cold fingers and hands.
- When purchasing leather gloves, attention should be paid to the chromium content. Choose gloves with a low chromium content, which are available on the market. It is necessary to ask the supplier for information regarding chromium content.
- When working with vibrating tools, such as vibratory plate compactors, chainsaws, hedgetrimmers, etc., use work gloves with anti-vibration reinforcement. However, be aware that vibration-insulating gloves have a limited effect and do not work at frequencies below approx. 100 Hz.



The personal safety data sheet for hazardous chemicals should indicate which personal protective equipment is to be used, including material, thickness and penetration time.

It is the duty of the employer to supply suitable gloves. Contact your glove supplier for advice on correct glove selection.

When working with gloves for long periods of time, it is recommended that you wear cotton gloves underneath your protective gloves to ensure that your hands remain dry. Wet and sweaty hands increase the risk of eczema and are more receptive to absorbing substances.

When working with chemicals and pesticides, gloves must be single-use only.

Single-use gloves must be disposed of when removed. Avoid contact with the skin during removal.

Gloves that no longer provide the necessary protection, e.g. have holes and tears, must be disposed of.

Gloves must be supplied with directions for use in Danish, including appropriate protection classes, restrictions on use and expiry dates.

All gloves must be CE marked.

- *At-vejledning 12.1.1 om Vådt arbejde.*
- *At-vejledning 12.1.2 om Hud og kemi*
- *At-vejledning C.1.3 om Arbejde med stoffer og materialer.*

Rest periods and rest days



Working hours must be arranged so that employees have a rest period of at least 11 consecutive hours within each 24-hour period.

Rest period

The daily rest period can be reduced to 8 hours for agricultural work for up to 30 days in a calendar year.

Rescheduling the rest day

Rescheduling of the weekly rest day may occur in the following cases:

- work involving care of animals and plants
- work involving the safeguarding of valuable assets
- on-call duty
- agricultural work.

Before the employer decides on rescheduling the rest day or the extent to which the rest period will be reduced, the organisation of the work must be discussed with the shop steward or, if there is not one, with the employees. The result of the discussion is not binding for the employer, but the employees' wishes should be taken into consideration as far as possible.

Waiving of rules

Rules on the rest period and rest day may be waived to the extent necessary if natural events, accidents, machine breakdowns or other unforeseen circumstances occur (force majeure).

Arbejdstilsynet may waive the rest day rule in individual cases where the execution of the work cannot be postponed.



Compensatory rest period

In cases where a rest day cannot be granted due to force majeure or waiving of the rule, a compensatory rest day must be granted as soon as possible. If, in exceptional cases, a compensatory rest day cannot be granted, suitable protection must be provided, e.g. extraordinary safety measures or organisational or administrative measures, including breaks and periods of less demanding work.

Agreements at an organisation level

Agreements on waiving the rules on daily rest periods and rest days may be made at an organisation level between the employer and the employees.

The daily rest period may, to a limited extent, be delayed or reduced to 8 hours. The weekly rest day may be rescheduled, however there must be no more than 12 full days between two rest days.

Local agreements

The employer and employee may agree to the rescheduling of rest days for a particular work roster or a specific work assignment. However, there must not be more than 7 full days between two rest days.

There are no rules on weekly rest days in relation to work performed exclusively by members of the employer's family belonging to their household.

Special rules apply to those under 18 years of age.

- *At-meddelelse nr. 5.01.1 om daglige hvileperioder.*
- *At-meddelelse nr. 5.01.2 om ugentligt fridøgn.*
- *At-meddelelse nr. 5.01.4 om rådighedstjeneste og anden særlig tjeneste.*

Hedgetrimmers



The vibration level should be as low as possible. Always select hedgetrimmers with the lowest vibration level at the handles. Electric hedgetrimmers vibrate less than petrol hedgetrimmers.

Hand-arm vibrations are the shaking sensations that affect the hands and arms when using hand tools, including hedgetrimmers.

Tingling or numb fingers are the first signs of harmful effects of vibrations. If you become aware of these signs, you should take a break from using the vibrating tool and take steps to lessen the effect.

The daily exposure limit value for an 8-hour reference period is 5 m/s². This limit must not be exceeded.

The daily exposure action value for an 8-hour reference period is 2.5 m/s². This means that measures must be taken for loads of 2.5 m/s² and above.

The vibration level must be stated in the safety data sheet.

Gloves with vibration-reducing reinforcement should be used. However, be aware that vibration-insulating gloves have a limited effect and do not work at frequencies below approx. 100 Hz.

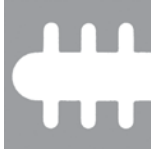
The impact can be reduced by limiting the time employees spend exposed to the vibrations.

When purchasing new machines, you should aim to acquire those with the lowest noise and vibration levels on the market. See "Noise".

The safety equipment included with the hedgetrimmer must be fitted and never removed, except for repair of the machine.

Motorised hedge trimmers

- Motorised hedgetrimmers must be designed to be operated with two hands.
- Between the front handle and the cutting blades of the hedgetrimmer, there must be a hand guard that can deflect the blades away from the hand if the grip is lost and keep the hand free from cut branches.



- The hedgetrimmer must have a sheath or similar to allow safe transport.
- Hedgetrimmers should be manufactured in such a way as to minimise the risk of the user injuring themselves on the cutting blades if the grip on the handle is lost.

This prerequisite is considered met,

- if the stop time of the blades does not exceed 2 seconds from release of the handle, and
- the motorised hedgetrimmer has either a dead man's switch at both handles so that the motor stops, or the blades are disengaged when grip on only one of the handles is released, or the hedgetrimmer is designed such that the opening between the blades is no more than 8 mm.

On hedgetrimmers with a combustion engine, the engine should automatically idle and the blades disengage when the throttle is released.

Electric hedgetrimmers

On electric hedgetrimmers, the motor must be activated by a dead man's switch that automatically returns to the stop position when the grip is released.

220 V hedgetrimmers can usefully be powered by a mobile generator. This provides greater safety against electric shocks.

A low-noise generator should be used.

Cables, plugs and sockets used for work outdoors must be sufficiently robust (green/red or neoprene) to withstand damp and cold. The work should be carried out in such a way that the cable is pulled along behind the user.

The hedgetrimmer must be insulated against damp to prevent electric shock.

When carrying out repairs on the hedgetrimmer, the power must be disconnected and the plug removed. If a generator is being used, it must be switched off. Electric hedgetrimmers must not be used in wet weather.

All new hedgetrimmers must be CE marked.

- *BAU Jord til Bord, Håndholdt hækklipper.*

Pressure washers



Manual pressure washing places stress on the hands, arms and shoulders. The jolting and cold temperature affect the skin and bones. The eyes and airways are exposed to small particles that are whipped up. And the high noise level is hazardous to the hearing.

Appropriate personal protective equipment must be worn when using a pressure washer, such as coveralls (can be rainwear with hood), long gloves, non-slip boots, hearing protection and any face protection and air-supplied respirator.

The noise impact associated with pressure washing is around 100 dB(A), depending on the pressure used, meaning that hearing protection must be provided and worn. Hearing protection must be worn all the time that the pressure washer is being used!

Pressure washers must have two handles. The operating handle must be designed so that the water flow stops automatically when you release the grip. At pressures above 100 bar, both handles must have levers featuring a dead man's switch function. It is illegal to block the levers.

Spray wands should be fitted with quick-release couplings to ensure that the equipment is only used with the system it is intended for.

Nozzles that form "few" and "large" droplets (aerosols) should be used, as these do not remain in the air for so long.

Wear a P2 respirator, and also wear eye protection when using cleaning and disinfecting agents.

Pressure washers can cause back and joint injuries due to the weight and inappropriate handling. In addition, the vibrations from the hose and system can cause "white finger". This risk is increased in cold and damp weather.

Stationary pressure washers with internal combustion engines must be connected to ventilation.

- *BAU Jord til Bord, Vejledning om højtryksrensning*



Hearing protection

Hearing protection is personal protective equipment. The hearing protection must be customised for the person wearing it.

The employer must make hearing protection available to employees if noise levels exceed 80 dB(A), if the peak values exceed 135 dB(C) or if the noise is otherwise harmful or a severe nuisance. This may be the case, for example, if short-term work is performed with exposure to a lot of noise.

The employer must ensure:

- That employees are provided with their own hearing protection that does not cause unnecessary nuisance.
- That employees are instructed in how to use the hearing protection and informed of the risks of not using it. Instructions must include how to customise, clean and store the hearing protection.
- That the hearing protection is well maintained.

The employees must wear hearing protection when noise levels pose a risk of hearing damage. Hearing protection must be worn throughout the period of noise exposure. Even short-term exposure to loud noises without the use of hearing protection can be harmful to hearing.

Hearing protection is a temporary solution to be adopted until the noise level has been reduced.

The effectiveness of ear protection varies greatly. The noise reduction values should be shown on the packaging. Please note that the noise reduction values indicated by the manufacturer are measured under ideal conditions. These values are therefore higher than the noise reduction achieved in everyday situations. Use only approved hearing protection.

There are two types of hearing protection available – earplugs and earmuffs.

Earplugs

Earplugs are placed in the ear canal. Earplugs must be fitted carefully and with clean hands. The most common earplugs are made of plastic, rubber or wax.

Dirt in the ear canal can cause skin irritation and eczema.

Earmuffs

Earmuffs provide the safest protection and the fewest problems with e.g. instances of dirt in the ear canal.

Earmuffs enclose and cover the ear and part of the head.

Earmuffs are kept in place with an adjustable strap or band that can be customised to the head. Earmuffs that can be fitted onto a helmet are also available. Seal rings (cushions) should be checked regularly and replaced as soon as they begin to stiffen or become damaged.

Aside from standard earmuffs, the following types are also available:

- Collapsible, which can be hung on a belt and so are always within reach.
- Electronic, which are supplied with external microphones and internal speakers. If the sound level gets too high, the sound is limited electronically inside the earmuff. This is recommended for persons with hearing impairment.
- Earmuffs with radio, which many find motivating. The radio can normally be turned up to a maximum of 82 dB(A).

Hearing protection must be CE marked.

- *At-vejledning D.5.2 om høreværn.*
- *At-vejledning D.6.1 om støj.*
- *At-vejledning D.6.4 om støjkrav til maskiner til brug i det fri.*
- www.stojidetgronne.dk





Ground work

Excavation work should be led and supervised by an experienced person, who assesses the nature of the ground and makes decisions on slopes and the use of reinforcement materials.

In excavation and ground work, it is important to be aware of the risk of subsidence.

The stability of the slope is compromised by:

- strong rains and frost alternating with thawing
- water pressure behind frozen surfaces
- tremors from passing traffic and ruptures
- previous excavations.

Excavations can collapse under load stress from:

- existing buildings and parked heavy trucks
- stacked materials and soil banks.

It may be necessary to carry out surveys of the soil before commencing excavation work, e.g. whether there is contamination of the soil and, if so, to what extent.

Rain, snow, frost and darkness can have a major impact on safety in excavation work, so lighting needs to be used at darker times of year.

Manual excavation

Given that there are suitable technical aids available for excavation, *Arbejdstilsynet* has concluded that manual excavation is not acceptable.

Manual excavation will only be accepted in exceptional cases where machine excavation is not possible due to the available space. This assumes that a plan is prepared for alteration of churchyards so that in time all graves can be dug by machine.

The person carrying out the excavation work must not participate in other heavy manual work on the same day.



Excavation with reinforcement

The number of reinforcements depends on the nature of the earth and the size of the hole. For reinforcements, 5 cm x 20 cm planks are recommended, which are tensioned against the sides of the hole with spindles. Three reinforcements should be used for holes measuring 1 m x 2.25 m with a depth of 1.75 m, and five reinforcements for holes with a depth of 2.50 m.

Excavation without reinforcement

In excavations without reinforcement, the sides must be structured to prevent slippage. At depths down to 5 m, structures should be at least 1:2 (1 across and 2 up). At greater depths, the structure should be 1:1

- *Kirkeministeriets vejviser til de vigtigste arbejdsmiljøopgaver i kirke og på kirkegårde, 2008.*
- *At-vejledning D.2.13 om gravearbejde.*
- *At-vejledning D.2.23 om arbejde i forurennet jord.*
- *At-vejledning D.3.1 om løft, træk og skub.*
- *BAU Bygge & Anlæg, Håndbogen – arbejdsmiljø i bygge og anlæg.*



Edge trimmers

There are several types of edge trimmer. If the edge trimmer is portable, e.g. mounted on a brushcutter, the harness should be wide and padded.

The noise level of edge trimmers can exceed 80 dB(A). If the noise exceeds 80 dB(A), the noise levels of the machine must be reduced and hearing protection must be provided and worn.

The machine must be low-vibration. The vibration level should be stated in the directions for use for handheld CE-marked machines. If the vibration emission exceeds 2.5 m/s², this must be stated in the directions for use.

Hand-arm vibrations

The vibration load can be reduced through technical measures or by limiting exposure time.

- The daily exposure action value for an 8-hour reference period is 2.5 m/s².
- The daily exposure limit value for an 8-hour reference period is 5 m/s². This limit must not be exceeded.

This means that measures must be taken for loads of 2.5 m/s² and above.

When purchasing new machines, you should aim to acquire those with the lowest noise and vibration levels on the market.

Exhaust fumes must be discharged in such a way as to not disturb the operator.

Safety footwear (foot protection) must be used as the sharp blades pose a risk of foot injury.

- *At-vejledning D.5.2 om høreværn.*
- *At-vejledning D.6.1 om støj.*
- *At-vejledning D.6.2 om Hånd-arm vibrationer.*
- *www.stojidetgronne.dk.*

Chemical workplace assessment



It is no longer a requirement for enterprises to draw up workplace instructions when working with hazardous substances and materials. Instead, the enterprise should focus on safety data sheets, the chemical risk assessment and, in particular, the training and instruction of employees.

List of hazardous chemicals

The enterprise must draw up a list of all hazardous substances and materials present on the premises. This list, together with the accompanying safety data sheets, should form the basis for an assessment of the enterprise's work processes involving hazardous substances and materials. The list of hazardous substances and materials must be accessible, together with the accompanying safety data sheets.

Safety data sheets

The content of the safety data sheets must follow international rules (REACH Regulation), be provided in Danish and contain i.a. information on

- Identification of the substance/mixture and of the enterprise
- Hazards identification
- Details of constituents
- First-aid measures
- Prevention of fire and precautions against spillage and accidents
- Handling and storage
- Safety measures and personal protective equipment
- Physicochemical properties and hazards
- Environmental information
- Disposal and transportation information
- Any special provisions for the substance/mixture



If the product does not meet the criteria for classification as hazardous, the supplier is under no obligation to provide a safety data sheet.

However, the enterprise may request that safety data sheets be provided if, for example, substances and materials are to be used in a particular way that the supplier has not taken into account. (Cf. *At-vejledning C.1.3*)

Employees must have access to safety data sheets for the hazardous substances and materials with which they are working. If there is an employee who does not understand Danish, it may be necessary to request the safety data sheet in the language spoken by the employee in question.

Enterprise's chemical risk assessment

The enterprise must prepare a chemical risk assessment for all work processes carried out on the premises involving hazardous substances and materials.

The chemical risk assessment must cover the following seven elements:

1. The hazardous properties of the substances and materials.
Assess in what ways the substances and materials might affect and harm the body, as well as what types of injuries and symptoms employees might sustain while working.
2. Degree, type and duration of exposure.
Assess how much and for how long employees are exposed to the hazardous properties of the substances and whether the effects are caused via fumes, particles, skin contact.
3. The work circumstances.
How the product is worked with and stored. How accidents can happen and how the work of others can have an effect.
4. The impact of preventive measures.
Are the individual hazards effectively prevented. For example, have filters been changed in respirators, are suitable gloves and eye protection available, etc.

5. Experiences from occupational medicine examinations.
Results from any occupational medicine examinations must be available and included in the risk assessment.
6. *Arbejdstilsynet's* limit values.
You must be familiar with the limit values for each product and this must be included in the risk assessment. The lower the limit value, the more dangerous it is to inhale.
7. Supplier health and safety information.
The employer must obtain safety data sheets for all hazardous substances and materials, including those marked with the phrase "Safety data sheet available on request".

Any problems with the chemical risk assessment must be added to the enterprise's workplace assessment action plan, together with a solution and deadline.

Training and instruction

It is the responsibility of the employer to ensure that all employees know how to perform their work without being exposed to hazardous substances and materials.

This means that employees must be trained and instructed in how to carry out their work in a safe and healthy manner, and regular monitoring must be carried out to ensure that employees are following instructions and working appropriately in respect of health and safety.

As a rule, training and instruction must be performed verbally, must be based on the chemical risk assessment/chemical workplace assessment, must be matched to the individual's work situation and must be adapted to the employee receiving the training.

The following five points must be included in the training and instruction:

- The list of hazardous substances and materials present at the work site, their names, hazard labelling and risks associated with using the chemical at work.





- The safety measures involved in handling and storing substances and materials. Any restrictions on use of the substances and materials.
- Safety measures to be applied at work and where they can be found at the work site.
- Measures to take in the event of an accident, e.g. personal injury, fire, spills, etc.
- Disposal of substances and materials, residues and empty packaging.

Enterprises are welcome to use existing workplace instructions in connection with training and instruction of employees. However, the workplace instructions must be updated and based on the chemical risk assessment to cover the new requirements.

i.e.

- covered by the five above-mentioned points in the training/instruction,
- verbal,
- based on the chemical risk assessment and
- supported in writing if they concern particularly hazardous substances and materials, especially complicated work processes, and if stated in the chemical risk assessment.

Read more in

- *At-vejledning om arbejde med stoffer og materialer.*
- *At-vejledning om Arbejdspladsvurdering (APV).*
- *At-vejledning om oplæring, instruktion og tilsyn med arbejdet.*
- *REACH Regulation.*
- *www.baujordtilbord.dk/apvnet.*

Chemical substances and materials



Work with chemical substances and materials (disinfectants, lubricants, petrol, pesticides, etc.) must always be organised and carried out appropriately in respect of health and safety to avoid unnecessary effects.

All chemicals must be provided with a Danish label. The pesticide label must contain the supplier's directions for use, explaining correct use of the product. Hazardous substances and materials must be classified in accordance with *Miljøstyrelsen's* rules, i.e. packaging must be provided with a Danish label detailing the following information:

- commercial name
- name(s) of the dangerous substance(s)
- hazard pictograms
- hazard and safety phrases
- name and address of importer/retailer

CLP classification, labelling and packaging

As of 1 June 2017, chemicals carrying orange hazard symbols can no longer be sold. Only chemicals with red/white hazard pictograms may be sold. Read more about the labelling of pesticide sprays on *Miljøstyrelsen's* website www.mst.dk.

The safety data sheet (supplier's directions for use) must be in Danish and easy to understand, and should cover 16 points, including information on hazardous properties and necessary personal protective equipment. See "Chemical risk assessment"/"Chemical workplace assessment".

A list of the hazardous chemicals and products found at the enterprise must be prepared. Together with the label, this list and the safety data sheet will form the basis for the chemical risk assessment.

Before a substance or material is used at the enterprise, the possibility of replacing this substance with another less dangerous agent or another working method should be examined.



The employer must ensure that work processes and methods effectively safeguard employees against unnecessary influences from substances and materials. The employer must provide the employees with training and detailed instruction in the use of substances and materials before the work begins, and employees must have access to safety data sheets. Instruction should be provided on an ongoing basis. The employer must also make employees aware of the accident and health hazards that may be associated with their work. Employees must follow the instructions.

When working with hazardous substances and materials, avoid contact with skin, airways and mucous membranes. If the hazardous substances and materials cannot be kept in a closed system or removed by effective ventilation, suitable personal protective equipment must be used.

Spraying agents must be stored properly. Properly means that containers must be kept in a place where the agent is inaccessible to children and not together with, or in the vicinity of, foodstuffs, feedstuffs, medicines or similar. You must also store the agent so that any waste can be collected. Hazardous substances and materials must be stored in their original packaging. They must never be stored in bottles or similar that might cause confusion with regard to the contents, e.g. soft drinks bottles.

Chemical waste must not be poured into the sewer or mixed indiscriminately in waste containers. Empty packaging and chemical residues must be stored together with the full packaging until sent to a receiving station.

See "Disposal of chemical residues".

- *At-vejledning C.1.3 om arbejde med stoffer og materialer.*
- *CLP Regulation (EC) no. 1272/2008 on classification, labelling and packaging of substances and mixtures.*
- *BAU Jord til Bords vejledning "Bortskaffelse af kemikalierester og tom emballage".*

PTO drive shafts



A removable mechanical PTO drive shaft refers to a removable component designed to transmit power between the self-propelled machine or tractor and the propelled machine's first attachment point. When sold with the guard, it is regarded as a single product.

The PTO shaft must be guarded between the tractor and the machine, implement or vehicle so that the tractor driver or others are not exposed to danger.

PTO (power take off)

The tractor's PTO must be guarded with a fixed shield. This shield must be large enough to allow the shaft's protective collars to move freely underneath it. The shield must be able to withstand 120 kg, unless it is designed not to be used as a footboard.

When the PTO is not being used, a cap or sleeve must be placed on the shaft stub(s). The cap must not be able to rotate with the shaft stub.

Input shaft

The input shaft on machines and vehicles must also be securely guarded with a fixed shield. The shield must be large enough to cover torque couplings, friction couplings and freewheel couplings. The shield must extend at least 20 mm past the nearest universal joint bearing, regardless of the angle during operation.

PTO drive shaft

The PTO drive shaft must be fitted with a tube shield that encloses the shaft completely. The tube shield must consist of two collars that guard the universal joints at both ends of the shaft and a telescopic tube guard between the collars. The edge of the collars must at least reach to the centre of the universal joints.



The tube shield must be secured against rotating with the shaft, e.g. by means of safety chains with carabiner hooks that attach to the fixed shields.

If the PTO drive shaft has friction clutch and free wheel, these must always be mounted on the side of the machine.

Always keep the shaft's ratchets and telescopic tube on the coupled machine clean and well-lubricated, as this makes mounting easier. There must be a mount to support the PTO drive shaft when it is disconnected from the tractor.

New PTO drive shafts must be CE marked.

- *BAU Jord til Bord. BAU Jord til Bord, Lovpligtige eftersyn af landbrugsmaskiner og udstyr.*
- *BAU Jord til Bord. Fakta om sikkerhed ved kraftoverføring.*

Fertilizers



Commercial fertilizers are covered by the general rules on chemical substances and materials.

Dust inhalation must be avoided when working with commercial fertilizers. If a large amount of dust is generated while working, respiratory protection must be used.

Likewise, gloves must be worn, as skin contact with commercial fertilizer should also be avoided. The use of eye protection may also be necessary.

Take wind direction into account when loading fertilizer.

Safety measures during storage

When exposed to strong heat, nitrate-containing fertilizers, especially NPK fertilizers, can develop a variety of gases – including toxic gases such as nitrogen oxide and chlorine.

The nitrous gases that can develop in the event of a fire pose a serious hidden threat, as persons can inhale dangerous concentrations without feeling particularly discomforted. After only a few hours, symptoms of respiratory failure follow due to damaged lung tissue (oedema).

In the event of a fire in a building stocked with NPK fertilizer, the fire department must be informed of the quantity and location immediately. Breathing apparatus is required. Plenty of water is the only effective remedy (foam, carbon dioxide, steam or attempts to cover with sand or fertilizer are useless).

Preventive measures:

- Fertilizers should not be stored near large quantities of flammable substances.
- Fertilizers should not be stored where there is a risk of significant heat impact, e.g. near gas-fired grain drying plants, electric motors, cables, etc.
- Smoking is not permitted anywhere.
- *Miljøministeriets bekendtgørelse nr. 115 af 26. januar 2017 om kemiske stoffer og produkter med senere ændringer (Kemikalieloven).*



Driving in public areas

When driving motorised implements in public areas, i.e. roads, paths, forest tracks, etc., there are various rules that must be complied with regarding the design and fitting out of motorised implements, etc.

Where the Danish Road Traffic Act applies, a driving licence is required.

For single-axle motorised implements, e.g. motorised mowers and sweepers, where the operator walks behind the machine, the operator does not require a driving licence but must be at least 16 years of age.

For ordinary two-axle motorised implements, there are requirements concerning the following:

- A steering mechanism that enables easy, safe and fast control
- Operating and parking brakes that work on at least one axle and brake the motorised implement in a safe, quick and efficient manner
- A silencer in the exhaust system and a horn with a constant tone
- A reverse gear
- Rubber tyres or other elastic wheel covering

If the construction of the motorised implement does not allow direct rear vision, mirrors must be fitted to provide this.

The motorised implement must be provided with two forward-facing, white or yellow, non-dazzling, dipped-beam headlights that illuminate the road for at least 30 metres in front of the vehicle.

The motorised implement must also have two forward-facing white side lights and two rear-facing red back lights that can be seen at a distance of 300 metres without dazzling.

The required lights must be able to remain switched on regardless of whether the engine is running.

The motorised implement must also be provided with a horn and a rear-facing red triangle.

In addition, the motorised implement must be provided with an equal number of rear-facing red reflectors.

Motorised implements intended for operation by a walking operator must be designed so that they automatically stop when the operator releases the lever (dead man's switch).

They must also be fitted with a forward-facing white or yellow light and a rear-facing red light. Both lights must be positioned on the left side of the implement and be clearly seen from 300 metres away without dazzling.

Trailers

Trailers for motorised implements must be designed in such a way that protruding parts present no danger to other road users.

Trailers must be provided with a coupling device compatible with that of the motorised implement.

In addition, the trailer must have an equal number of rear-facing red triangular reflectors and an equal number of forward-facing white reflectors. Side reflectors must be yellow.

The rearmost trailer must be provided with an equal number of rear-facing red back lights and an equal number of rear-facing stop lights with greater brightness than the back lights.

At the back of each side of the trailer, there must be a yellow flasher lamp.

Trailers for motorised implements may only be used to transport tools related to the functioning of the implement.





Manual handling

Manual handling refers to lifting, carrying, pushing, pulling, etc. In order to limit manual lifting work as much as possible, technical aids should be used wherever possible.

Overstraining can be prevented through appropriate planning of the work processes and the design and fitting out of the work site, by using technical aids, by using good lifting and carrying techniques, and by limiting the weight and number of loads carried where manual handling cannot be avoided.

The risk of strain injuries is reduced through the use of correct lifting and carrying techniques:

- Position yourself close to the load.
- Stand facing the load with a broad, stable stance.
- Assess the weight of the load and its centre of gravity.
- Make sure you have a secure hold of the load.
- Bend your knees and hips, and keep your back balanced by flexing your back and abdominal muscles.
- Lift the load gently by straightening your knees and hips.
- Hold the load close to your body with slightly bent elbows.
- Lift and carry the load symmetrically, i.e. directly in front of your body, or distributed equally in both hands.
- Do not twist your back while holding the load. Move your feet instead.

When releasing the load, use the same movements in reverse.

The risk of the lift causing an injury is increased if there are aggravating factors. The surface may be uneven and make it difficult to stand firmly. The combination of bending forwards, twisting the back and other aggravating factors carries a particular risk. With increased risk of unexpected strains, the weight of the load should be minimal.

Frequently repeated lifting is also an aggravating factor.

The risk of harm when performing a particular lift is greater in those who are less strong, e.g. elderly or unwell persons. The weight limits are lower for persons under 18 years of age. See “Young persons’ work”. Heavy or frequent lifting below knee height and above shoulder height should be avoided by placing the items at a suitable height to begin with.

Heavy loads that cannot be handled using technical aids should be lifted by multiple persons. When multiple persons handle a load together, each person must not bear more than 2/3 of the weight limit for a single-person lift, which under optimal conditions is a maximum of 33 kg. Problems with coordination and failure to properly work together increase the risk of unexpected strains.

In work where many lifts are carried out during the working day, the total weight must be taken into account when assessing whether the work may be harmful.

Arbejdstilsynet has established guidelines on permissible aggregate lifting weights for healthy adults who are well instructed and trained where the lifts are performed in a good working position between mid-thigh and elbow height:

- approx. 10 tons per day for lifting close to the body
- approx. 6 tons per day for lifting at forearm’s length
- approx. 3 tons per day for lifting at 3/4 arm’s length

If the load is to be carried while walking, the maximum weight limit in the yellow area is reduced as follows:

- close to the body from 50 to approx. 20 kg
- forearm’s length from 30 to approx. 12 kg
- 3/4 arm’s length from 15 to approx. 6 kg.

When carrying loads, the transportation distance should not exceed 20 m on a level surface. An ordinary staircase step on the transportation route equates to a carrying distance of approx. 1 m. Carrying on uneven, wet and slippery surfaces is particularly risky.





Moreover, there are aggravating circumstances, such as forward bending, twisting and poor grip, etc. This can be avoided if there is an option to use technical aids for lifting and carrying.

Manual handling should not exceed 1/3 of the working day for the individual employee.



Lifting under optimal conditions, i.e. close to the body, rarely occurs in practice and the use of technical aids, e.g. a harness, will normally be required.

- *At-vejledning D.3.1 om løft, træk og skub.*
- *BAU Jord til Bord, Tunge løft i jordbruget.*

Demolition hammers



The use of handheld demolition hammers carries a risk of accidents and harmful effects, e.g. from vibrations, dust and noise.

Tingling or numb fingers are the first signs of harmful effects of vibrations. Over a longer period, there is a risk of developing "white finger". White finger manifests in cold conditions as white, cold and numb fingers.

The vibration level for demolition hammers is very high. Demolition hammers without vibration reduction have a vibration level exceeding 3 m/s², which means the length of time they are in use must be limited. The daily exposure limit value for an 8-hour reference period is 5 m/s². This limit must not be exceeded. The daily exposure action value for an 8-hour reference period is 2.5 m/s². This means that measures must be taken for loads of 2.5 m/s² and above.

Technical aids should be used in place of handheld demolition hammers. E.g. the demolition hammer can be mounted onto a rig or trolley, or a machine-mounted hydraulic demolition hammer can be used.

The use of technical aids usually means that the impact is reduced for the employee. If the employee is exposed to a vibration level below 1 m/s², there is no time limit on how long the tool may be in use.

Hearing protection must be provided and worn where noise impact exceeds 80 dB(A). The hearing protection must be able to effectively reduce the noise. See "Noise".

Local extraction must be used for work with concrete, brick or granite. Where this is not possible, a supplied-air respirator must be used.

Protective footwear must be worn when using handheld demolition hammers. Eye protection must also be worn where there is a risk of splinters, flying objects, etc.

The supplier's directions for use must always be followed. New demolition hammers must have their vibration and noise levels specified in the directions for use and be CE marked.



Chainsaws

Work with chainsaws must be organised and carried out appropriately in respect of health and safety.

Chainsaws must have a chain brake. The chain brake should be engaged by a light forward push on the top-hand guard. The chainsaw chain must stop immediately when the top-hand guard is pushed. The chain brake on newer saws can also be engaged automatically. A kickback at the nose of the guide bar should engage the chain brake.

Before using the saw, it is important that the brake is cleaned, that the chain is inspected and sharpened, and that the functioning of the chain brake is checked.

All chainsaws must be protected against the chain (motor) starting inadvertently. This protection might be provided by requiring two independent buttons to be activated to start the chain.

In order to be able to work safely with a chainsaw, the operator must be familiar with the safety features of the saw and the specific accident and health risks associated with its use.

An employee may not work alone with a chainsaw until they have learnt a safe working technique that prevents risk of accidents.

It is the duty of the employer to ensure that the employee receives thorough instruction and training from someone with good working knowledge of chainsaws and safety-related issues.

The directions for use must provide details of how to maintain and carry out checks on the chainsaw. The directions for use must contain details of vibration in the handles and noise from the saw.

The directions for use must be in Danish and must be readily available to employees.

During felling, forestry and pruning work with chainsaws, the following protective equipment must always be worn:

- Helmet
- Hearing protection that can reduce noise to a level below 80 dB(A)
- Foot protection in the form of high boots or ankle boots with non-slip soles, cut-resistant reinforcement to protect against saw blades and toe-caps that protect against heavy objects falling on the foot.
- Leg protection in the form of safety trousers with sewn-in cut-resistant reinforcement.

The employee must use the personal protective equipment supplied.

When working with a chainsaw, no other persons are permitted within the area where there is a risk of being hit by the saw or sawn-off pieces.

Chainsaws must not be used for sawing above shoulder height, unless a specially designed long-handled chainsaw is used.

Never work with a chainsaw from a ladder, unless the ladder has been secured and has a work platform that meets the relevant requirements. Never work with a chainsaw from an ordinary ladder.

During operation, the chainsaw must be held with both hands. During transportation, the chainsaw blade must be in a sheath.

Special single-hand chainsaws for tree pruning may only be used for pruning by climbing and only by persons with training in topping. The noise level of the chainsaw must be as low as possible. The noise level for type-approved chainsaw models must not exceed: 103 dB(A) at full throttle loaded and 105 dB(A) at full throttle unloaded.





Good low-noise chainsaws have a vibration level of under 4.5 m/s².

The recommended limit for vibration load is 2.5 m/s².

Gloves should always be worn to protect against vibration and cold, and doing so reduces the risk of “white finger”. However, be aware that vibration-insulating gloves have a limited effect and do not work at frequencies below approx. 100 Hz.

For the sake of safety, the chainsaw must always be well maintained.

Chainsaws must be CE marked.

Young persons under the age of 18 are not permitted to work with a chainsaw, except as part of a vocational training programme.

- *At-vejledning B.5.1.1 om arbejde med motorkædesave.*
- *At-vejledning D.2.8 om fældnings- og skovningsarbejde.*
- *At-vejledning D.3.4 om arbejdsrelateret muskel- og skeletbesvær.*
- *At-vejledning D.5.2 om høreværn.*
- *At-vejledning D.5.7 om beskyttelsehjelm.*
- *At-vejledning D.5.8 om øjenværn.*
- *At-vejledning D.6.1 om støj.*
- *At-vejledning D.6.2 om hånd-arm vibrationer.*
- *At-vejledning D.6.4 om støjkrav til maskiner til brug i det fri.*
- *BAU Jord til Bord: Erhvervsmæssig træklatrning.*

Personal protective equipment



Personal protective equipment is understood as all equipment, including clothing, intended to protect employees against one or more risks that might threaten their safety or health during work.

Personal protective equipment can be workwear, gloves, helmets, hearing protection, safety footwear, eye protection and respiratory protection. See individual sections.

Use of personal protective equipment

If the work cannot be otherwise planned, organised and performed in an appropriate manner in respect of health and safety, the employer must only allow the work to be performed if personal protective equipment is used.

The employer must ensure:

- that personal protective equipment is used from the start of the work in question and throughout its duration
- that personal protective equipment provides the intended protection and does not cause any unnecessary nuisance
- that personal protective equipment fits the wearer, if necessary after customisation
- that personal protective equipment is suitable for use under the existing conditions at the work site
- that personal protective equipment is chosen taking into account ergonomic factors and the health of the employee.

If, due to multiple types of risk, the employee needs to wear several items of personal protective equipment at the same time, these must be combined without losing their effectiveness in relation to each individual risk.

The employer must provide employees with suitable personal protective equipment, meet the costs of procuring, maintaining and cleaning personal protective equipment, and have ownership of the equipment.



The employer must ensure that personal protective equipment is clean, dry and disinfected before use.

Personal protective equipment must be used in accordance with the directions for use, which must be in Danish, unless safety considerations in use require another language.

Personal protective equipment is designed for personal use and may only be used for the stated purposes.

Employees must be instructed in the use of personal protective equipment and informed about the risks associated with not using it.

Employees must use the supplied personal protective equipment from the time the task in question begins and throughout its duration.

Employees must contribute to the proper functioning of the equipment, including by reporting any faults and deficiencies to the employer.

All personal protective equipment must be CE marked, and it must be stated what specific hazards it protects against and to what level, how it should be maintained and stored, how long it may be used for and how it should be disposed of.

- *Arbejdstilsynets bekendtgørelse nr. 1706 af 15. december 2010 om anvendelse af tekniske hjælpemidler med senere ændringer.*
- *At-vejledning D.5.1 om trykluft til åndedrætsværn.*
- *At-vejledning D.5.2-2 om høreværn.*
- *At-vejledning 2.10.2 om reflekstøj.*
- *At-vejledning D.5.4 om åndedrætsværn.*
- *At-vejledning D.5.6 om værnefodtøj.*
- *At-vejledning D.5.7 om beskyttelseshjelme.*
- *At-vejledning D.5.8 om øjenværn.*



Vibratory plate compactors - road rollers

Vibratory plate compactors and road rollers can pose a number of health and safety problems due to high vibration and noise impact.

The vibrations caused by vibratory plate compactors and road rollers must be reduced, e.g. by mounting the steering rod elastically in relation to the frame.

The vibratory plate compactor can also be controlled remotely. Remote control equipment can be supplied as an optional extra for most machines. In addition, the machines must be regularly maintained. Unnecessary vibration impact should be avoided.

The vibration load can be reduced through technical measures or by limiting exposure time.

The handheld machine must be low-vibration. The vibration level should be stated in the supplier's directions for use for handheld CE marked machines, if it exceeds 2.5 m/s².

New machines with a seat should be low-vibration and the seat should limit the vibrations experienced by the operator. The vibration level should be stated in the supplier's directions for use, if it exceeds 0.5 m/s².

Gloves must always be used when working with vibrating machinery. However, be aware that vibration-insulating gloves have a limited effect and do not work at frequencies below approx. 100 Hz.

If the noise impact exceeds 80 dB(A) when working with vibratory plate compactors or road rollers, hearing protection that can effectively reduce the noise level must be supplied and worn. See "Noise".

When purchasing new machines, you should aim to acquire those with the lowest noise and vibration levels on the market.

The machines must be fitted with a safety lever that stops the machine when the switch is released.

Safety footwear with toe protection must be used, as there is a risk of the feet being caught under the machine.

Supplier directions for use must always be followed All new machines must be CE marked.

- *At-vejledning B.0.1 om fjernstyring (trådløs styring).*
- *At-vejledning B.1.3 om maskiner og maskinanlæg.*
- *At-vejledning D.3.4 om arbejdsrelateret muskel- og skeletbesvær.*
- *At-vejledning D.5.2 om høreværn.*
- *At-vejledning D.6.1 om støj.*
- *At-vejledning D.6.2 om hånd-arm vibrationer.*
- *BAU Jord til Bord: www.paspåkroppen.dk.*
- *BAU Jord til Bord: www.helkropsvibrationer.dk.*





Planting augers

Mechanically operated handheld planting augers can vibrate and emit a great deal of noise. If the auger emits more than 80 dB(A), employees must be provided with, and are required to wear, hearing protection.

Noise and vibration levels must be stated in the supplier's directions for use.

The daily vibration exposure limit for an 8-hour reference period is 5 m/s². This limit must not be exceeded. The daily exposure action value for an 8-hour reference period is 2.5 m/s². This means that measures must be taken for loads of 2.5 m/s² and above.

Planting augers must be provided with a handle such that the auger stops when the lever is released (dead man's switch). Gloves must always be used when working with vibrating machinery.

Work with large planting augers must only be carried out by two persons. New plant augers must be CE marked.

Special rules apply to those under 18 years of age. See "Young persons' work".

- *At-vejledning B.1.3 om maskiner og maskinanlæg.*
- *At-vejledning D.3.4 om arbejdsrelateret muskel- og skeletbesvær.*
- *At-vejledning D.5.2 om høreværn.*
- *At-vejledning D.6.1 om støj.*
- *At-vejledning D.6.2 om hånd-arm vibrationer.*

Lawnmowers – mowers



The rotating parts of lawnmowers/mowers must be enclosed. The enclosure must be designed so that stones, etc., cannot hit the user or other persons in the vicinity.

The mower must be designed in such a way that a hand or foot cannot come into contact with the rotating blade when the machine is on a level surface.

If the mower is safeguarded with a blade stop, this must not be disabled.

The mower's engine must be fitted with a reliable stop device that remains in the stop position when the engine stops.

The exhaust must be diverted so that it does not cause a nuisance to the operator of the machine.

The mower must be provided with a warning sign. All instructions must be in Danish.

Safety footwear with toe protection must be used when mowing.

The seats on seated mowers must be ergonomically designed.

When repairing the machine, especially the rotating parts, the engine must have come to a complete stop and the spark plug cap must be removed.

Push-along motorised mowers may cause a vibration impact. The machines must be low-vibration. When purchasing new machines, you should aim to acquire those with the lowest noise and vibration levels on the market.

The machine must not generate nuisance noise. Hearing protection must be provided and used if the noise impact is over 80 dB(A) at the point where the driver is located when working with the mower.



Miljøstyrelsen has set the following limits for mower sound/noise emissions (sound power limits):

Lawnmower cutting width emission	Permissible noise
Less than or up to 50 cm	96 dB
from 50 cm up to and including 120 cm	100 dB
over 120 cm	105 dB

Noise emission levels for a lawn mower must be given on a certificate, which may be included in the directions for use. In addition, machines must carry a sign indicating the manufacturer's make, the mower's type designation and the noise emission levels.

Depending on the distance from the driver to the noise source, the noise impact may exceed 80 dB(A). In such cases, technical and/or administrative measures (time limit) must be implemented to reduce the driver's noise impact to below 80 dB(A).

This applies to all motorised mowers, other than agricultural and forestry equipment, as well as non-self-propelled implements in which the cutting unit is driven by the wheels.

Proper instruction on use of the machines must be provided and the advice below must be followed:

- Keep hands and feet away from rotating parts
- Do not touch rotating parts until the engine and ignition systems have been disconnected
- Never leave the machine with the engine running
- Keep the noise levels of the machines to a minimum
- Keep the vibration levels as low as possible
- Make sure the mower blade is balanced
- Position the exhaust pipe so that the exhaust does not cause a nuisance
- Keep the exhaust damper in good order
- Use safety footwear
- Remove the spark plug cap before working with the blades
- Lawnmowers – mowers must be CE marked.

Special rules apply to those under 18 years of age. See "Young persons' work".

- *At-vejledning D.5.2 om høreværn.*
- *At-vejledning D.6.2 om hånd-arm vibrationer.*
- *At-vejledning D.6.4 om støjkrav til maskiner til brug i det fri.*
- *BAU Jord til Bord, Branchevejledning om håndskubbet plæneklipper.*
- *BAU Jord til Bord: www.paspåkroppen.dk.*
- *BAU Jord til Bord, www.stojidetgronne.dk.*





Safety footwear (protective footwear)

Safety footwear, or protective footwear, is personal protective equipment that is supplied by the employer and remains its property. Protective footwear must be used if the work cannot be organised and carried out properly wearing ordinary appropriate footwear.

Protective footwear includes shoes, clogs, sandals, high boots, rubber boots or ankle boots with one or more protective properties. It is the employer's duty to supply suitable safety footwear.

Safety footwear with protective toe-caps must be worn where there is a risk of crushing or a risk of foot injury from falling objects, e.g. if heavy or awkward objects are handled at work, i.e. objects over 16-20 kg.

When choosing safety footwear or protective footwear, consideration should be given to whether the footwear has the appropriate protective properties. In addition, the footwear must be matched to the individual user and their needs.

Protective footwear with toe protection and cut-resistant reinforcement must be worn when working with e.g. chainsaws.

Protective footwear with protective soles must be worn where there is a risk of treading on sharp objects that could penetrate through a sole.

Protective footwear with non-slip soles should be worn where there is a risk of slipping. The risk of slipping is determined by the surface underfoot and the sole of the footwear.

Chemically resistant protective footwear should be worn where there is a risk of treading in chemicals, e.g. oils, acids or alkalis.

Rubber safety boots should be discarded when they become hard after years of use, as hard rubber provides inferior protection against saw penetration.

- *At-vejledning D.5.6 om værnefødtøj.*

Site huts

Where, in connection with varying work sites or work at building and construction sites, welfare facilities are provided in site huts, there are various requirements for the size and fitting out of these huts, depending on how many persons will be using them at the same time.

If the site hut is available to more than four persons, it must meet the following requirements:

Toilets

Toilets must flush and be connected to a sewer. If the toilets do not require connection to a sewer, they must meet the same hygiene standard as flushing toilets. One toilet cubicle should be provided for every 15 persons.

Dining facilities

- There must be at least 1 m² of floor area per person plus 1 m² extra.
- Tables and chairs must be provided.
- The dining room must be separate.
- It must be possible to store brought-in food and drink in a hygienic and healthy manner in a refrigerator.
- In addition, it must be possible to heat up food and water for coffee, etc.
- The room must be provided with at least two ventilation valves and at least one window that can be opened and used as a rescue passage.
- In addition, there must be sunshading, e.g. in the form of curtains.





Changing rooms

- The changing room must have at least 1 m² floor area per person in addition to the requirements for washing and bathing/showering facilities. In addition, the room must be provided with a ventilation duct.
- It must be possible to store normal and work clothing separately, either in separate lockers or in a vertically divided locker of at least 50 cm x 50 cm x 170 cm.
- The lockers must be lockable and have a shelf. The lockers must be well-ventilated. A bench must be provided beside the lockers.
- There must be a facility for drying workwear.

Washing and bathing/showering facilities

- There must be direct access from the changing room to the washing and bathing/showering facilities.
- Handwash basins must be supplied with hot and cold water. There must be one handwash basin for every five persons.
- Showers must be supplied with hot and cold water. There must be a minimum of one shower for every 10 persons.
- The floor area around each handwash basin and shower must be at least 1 m².

Other facilities

- Exterior walls, ceilings and floors must be insulated. Interior walls and floors must be easy to wash.
- The room temperature must be a minimum of 18°C.

Site huts used by a maximum of four persons must meet the above functional requirements but may differ, e.g. in relation to floor area, ceiling height, etc.

- *Arbejdstilsynets bekendtgørelse nr. 290 af 5. maj 1993 om skiftende arbejdssteders indretning.*
- *Arbejdstilsynets bekendtgørelse nr. 775 af 17. september 1992 om indretning af skurvogne o.l.*

The smiley scheme



On Arbejdstilsynet's homepage www.at.dk you can track enterprises' red, yellow or green smileys. You can search an enterprise's name or for a group of enterprises.

There are three ordinary smileys and one crowned smiley in the health and safety field:

- A green smiley indicates that the enterprise has no issues with *Arbejdstilsynet* due to a breach of health and safety rules.
- A yellow smiley indicates that the enterprise has received an immediate improvement notice, an improvement notice with a time limit or a ruling without a notice.
- A red smiley indicates that the enterprise has received a prohibition notice or a consultancy notice.
- A crowned smiley indicates that the enterprise holds a recognised health and safety certificate. This means that the enterprise has made an extraordinary effort to ensure a high level of health and safety.

The green smiley is removed from the website if the enterprise receives a notice concerning factors triggering a yellow or red smiley. Yellow and red smileys are always shown on the website for at least three months and until the health and safety issues that triggered them have been resolved. Complaints cannot be made with regard to smileys. However, it is possible to appeal the decision triggering a yellow or red smiley to *Arbejds miljøklagenævnet*.

- Read more about the different notices on *Arbejdstilsynet's* website.
- Learn more about the red, yellow, green and crowned smileys on *Arbejdstilsynet's* website



Stone and slab work

When working with stones and slabs, there is significant strain on the musculoskeletal system, i.e. the bones, joints, muscles and tendons. Injuries occur mainly as a result of heavy lifting, manual handling and poor working positions.

The work consists i.a. of:

- taking up old material
- levelling surfaces
- shaping stones and slabs
- laying stones and slabs

Wherever possible, technical aids should be used for carrying out the work, such as a vacuum slab laying machine, vacuum lifting equipment, a multi-purpose machine, a mini-dumper, etc.

Handling, shaping and cutting should only be performed manually if the use of machines and other technical aids is not technically possible. However, it must be ensured that the work is organised and carried out appropriately in respect of health and safety.

Gloves, knee guards and safety footwear with toe protection must be worn when handling stones and slabs. Manual handling is physically stressful work and should be limited to one third of the working day only wherever possible.

Shaping of stones and slabs

The work is performed with a hammer and chisel, waterjet cutters or angle grinders with extraction. Local extraction is necessary when shaping or cutting concrete, brick or granite, as the dust that is generated contains quartz, otherwise waterjet cutters should be used. Where this is not possible, a supplied-air respirator must be used. In some cases, turbo filter masks can also be used.

See “Dust” and “Respiratory protection”

It must also be ensured that others present at the work site are not unnecessarily exposed to dust, e.g. by erecting a cutting tent with extraction or other forms of partitioning.

During hand-shaping, the stone should not be supported on the knees, as the knees will be exposed to repeated powerful hammer blows. Where possible, use slab or stone cutters.

If kneeling work cannot be avoided, the knees must be protected. This can be done, for example, with the use of cold-and moisture-repellent mats that protect the knees from load stress, and the use of knee protectors and/or work trousers with kneepad pockets.

Furthermore, due to the risk of splinters, face shields or goggles must be used.

Laying of stones and slabs

Stones and slabs should be delivered as close to the work area as possible. After this, any further transportation must be done with suitable technical aids such as slab lifters, wheelbarrows or trolleys.

During manual transportation, the load must not be so heavy as to cause strain on the body when pushing the trolley or wheelbarrow. The surface must be even and firm.

The bent-over position that occurs when laying stones and slabs causes a great deal of strain on the body. Suitable technical aids should be used wherever possible, e.g. slab laying machines. Be aware of the limits associated with manual lifting. See “Manual handling”

If work cannot be otherwise planned, organised and carried out so that the temperature can be adjusted, the employer must ensure that the employees wear appropriate work clothing.





Overalls or a boiler suit should be worn, rather than separate items of clothing that can separate. Thermal or fibrefur clothing should be worn underneath the overalls or boiler suit. This helps keep the back warm, reducing the risk of back injury.

At work sites where operations are carried out over an extended period of time, measures must be taken to protect the site from the weather, e.g. via erection of a tent or canopy.

Sett paving

When laying setts, the use of a paving stool (also known in Danish as a “kraveknap”) is recommended.

- *At-vejledning D.3.1 om løft, træk og skub.*
- *At-vejledning D.5.2-2 om høreværn.*
- *BAU Bygge & Anlæg, Tekniske hjælpemidler i brolæggerfaget.*
- *BAU Jord til Bord, Håndtering af belægningssten.*
- *BAU Jord til Bord, www.paspåkroppen.dk.*

Ladders



Work may only be carried out on ladders for a short duration. When working alternately between ladders and fixed surfaces, ladder work must not exceed 1/3 of the daily working period for each employee.

A single period of work from a ladder must not exceed 30 minutes. The ladder work should then be followed by another type of work that does not impact the body in the same way.

The employee working on the ladder must wear suitable footwear with soft, non-slip soles. Footwear must be tightly fitting.

Employees must have the necessary instruction on the correct use of ladders.

There must only be one person on the ladder at a time. However, on step ladders there can be one person on each side.

Only tools that are light, easy to handle and can be operated with one hand are to be used. Only light and easily manageable loads may be carried on normal ladders. Metal ladders must not be used in the vicinity of overhead electricity lines.

Ladders must be positioned on horizontal, stable surfaces and the angle should be approx. 75° in relation to the surface.

When working on ladders, the employee must not get any closer to the top of the ladder than the third step from the top.

When working on ladders more than 5 metres above the ground, there must be someone at the foot of the ladder if it is not properly secured.

Ladders must be inspected by an expert in accordance with the supplier's instructions at least once a year and always after a repair of relevance for safety.

Damaged and defective ladders may not be used. Ladders must be repaired according to the supplier's instructions.

Ladders must be provided with written directions for use.



Extension ladders (push-up ladders)

The employer must ensure that extension ladders are only used by employees who have a thorough understanding of their design, daily maintenance and the hazards associated with their use.

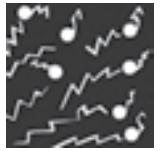
Young persons under 18 years of age may not perform work tasks on extension ladders that are more than 5 meters in height.

When working on extension ladders, there must always be a watchperson on the ground.

At the top of the ladder, there must be a proper safety hoop and two eye bolts – one on each side for securing the safety belt.

- *At-vejledning D.5.5 om faldsikring.*
- *At-meddelelse nr. 2.03.1 om lavetstiger.*
- *At-vejledning B.3.1.1 om brug af transportable stiger.*

Noise



Work must be planned, organised and carried out so that risks resulting from noise are removed by limiting the noise at source or reducing it to the lowest possible level.

If the employer assesses that the employee is exposed to risks resulting from noise, the workplace assessment must include an assessment of noise impact.

In selecting measures to be taken, special attention must be paid to the following:

1. Alternative work methods
2. Design and layout of work sites
3. Choice of suitable equipment with the lowest possible noise level in relation to the type of work
4. Noise reduction in organising work:
 - a) limiting the duration and extent of exposure,
 - b) suitable working hours with sufficient breaks
5. Suitable information on and instruction in correct use of equipment
6. Plans for maintenance of equipment, workplaces and work sites.

Unnecessary noise should be avoided, even if the level is below the specified limit. The noise level during work must therefore be kept as low as is reasonably possible, taking into account technical developments.

If the noise level is over 80 dB(A), or otherwise harmful or a severe nuisance, hearing protection must be provided and used.

No person should be exposed to a noise impact above 85 dB(A) or impulse noise peak values above 137 dB(C) during work.



Daily noise impact over 80 dB(A) leads to an increased risk of hearing damage. An increase of 3 dB(A) means twice the wear on hearing.

Hearing protection must be correctly adjusted and suited to the employee. Hearing protection must be used from the start of work and throughout its duration.

The employer must ensure that the employee exposed to a noise impact above or equal to 80 dB(A) at the work site is made aware of and informed about the risks associated with noise.

Use of hearing protection must be indicated by signage.

When purchasing new machines and hand tools, you should acquire those with the lowest noise and vibration levels available on the market. The supplier must state how much noise machines and hand tools emit.

- *At-vejledning D.5.2 om høreværn.*
- *At-vejledning D.6.1 om støj.*
- *At-vejledning D.6.4 om støjkrav til maskiner til brug i det fri.*
- *BAU Jord til Bord, www.stojidetgronne.dk.*

Dust



Work involving dust must be organised appropriately in respect of health and safety. You should try to avoid generating dust at the work site as much as possible. If it cannot be avoided, dust should be removed at source, e.g. through process ventilation, extraction from machines and waterjet cutting. If the dust cannot be removed at source, an air-purifying respirator must be used as a minimum.

Dust can damage the lungs and cause allergies and cancer.

Limit values have been established for a number of substances and materials, e.g. mineral dust, wood dust, organic dust, dust containing quartz and carcinogens.

When cutting or otherwise working with concrete, brick, granite, etc., the dust will contain quartz. For work where the dust contains quartz, a supplied-air respirator must be used.

The employer must at all times try to remove or reduce the impact of dust as much as possible.

Arbejdstilsynet typically requires certain precautions to be taken when measurements show that a substance is present at a concentration of 1/10 of the limit value.

- *At-vejledning C.0.1 om grænseværdier for stoffer og materialer.*
- *At-vejledning C.0.18 om udsættelse for bakterier, svampe og andre mikroorganismer.*
- *At-vejledning C.1.3 om arbejde med stoffer og materialer.*
- *At-vejledning C.2.1 om kræftfarlige stoffer og materialer.*
- *At-vejledning D.5.4 om åndedrætsværn.*



Tractors

Tractors must be provided with a rollover protective structure (ROPS) if they have at least two axles and a weight of at least 500 kg.

The ROPS must be approved. Tractors with an ROPS must be provided with an approval sign (marking) and a warning notice.

Upon delivery, there should be accompanying directions for use ensuring that the ROPS can be properly installed and used and kept in the required condition.

The ROPS must be properly maintained. If the ROPS sustains significant damage, it must be replaced.

The noise from a tractor should be reduced as much as possible. If the noise from the tractor exceeds 80 dB(A), the driver must be provided with and use hearing protection.

The seat and steering wheel must be ergonomically adjustable in relation to one another.

The control levers must be positioned in such a way that the driver can reach them easily from the seat.

The driver cab should have no drafts but should have good ventilation or air-conditioning. Nuisance vibrations should not be felt in the seated area.

Special rules apply to those under 18 years of age. See “Young persons’ work”.

Tractor driving

On public and private roads and areas accessible to other traffic, including trafficable forest roads and areas where the Danish Road Traffic Act otherwise applies, tractors and motorised implements may only be driven by persons who hold a driving licence for a car or tractor.

Third-party insurance must be taken out for all tractors, including non-registered tractors, used on roads.

Registered tractors

Tractors to be used for any form of driving must be registered and fitted with white number plates with red edging. This also applies to other motorised implements that are designed and used for the carriage of goods not necessary for their functioning.

All tractors

The following applies to all tractors:

Width

A vehicle by itself should not be wider than 2.55 metres. However, implements for agricultural, forestry and road work may be 3.30 metres, regardless of whether they are suspended, towed or self-propelled.

Double-mounted rear wheels (twin-mounted) may make a tractor wider than 2.55 m. This is permitted if the tractor is being used to tow a trailer or if an implement is suspended or mounted on the tractor. If the implement is equipped with a transport position, this must always be used when driving on roads. Protruding parts must be turned inwards.

Length

A tractor with a suspended implement or a motorised implement must not be longer than 12 metres.

A road train with tractor or motorised implement must not exceed 18.75 metres in length.

A road train may consist of a tractor or motorised implement coupled to a maximum of two trailers or a trailer and semi-trailer.





Height

The height must not exceed 4 metres. When driving under viaducts, overhead lines, etc., the driver is always obliged to ensure safe passage without danger or inconvenience, regardless of the height of the vehicle or load.

Loading

The load must be fixed in such a way as to minimise the effect on the driver's view as much as possible, and it must not obscure lights, reflectors or number plates. The load must be placed or bound securely so that parts cannot fall off into the road or otherwise interfere with other traffic, e.g. through dust.

Goods that extend more than 1 m beyond the frontmost point of the tractor or 2 m beyond the rearmost point of the road train or 15 cm beyond the sides of the road train must be marked.

A vehicle must not be loaded to a greater total weight or axle load than it is registered or approved for.

The maximum permitted axle load is 10,000 kg, but 11,500 kg where the drive shaft is fitted with twin-mounted tyres and road-friendly suspension, and the maximum permitted bogie pressure is 19,000 kg for a two-axle bogie and 24,000 kg for a three-axle bogie. The maximum permitted total weight is 18,000 kg for a two-axle tractor or a motorised implement on normal rubber tyres and 44,000 kg for a road train.

Identification lights

Tractors, motorised implements and road trains comprising such vehicles and trailers must, during the statutory lighting-up time, be equipped with one or more identification lights if the width of the vehicle or road train, either loaded or unloaded, exceeds 2.5 m. The lights must be used while driving and when temporarily stopped or parked on the roadway.

Passengers

Passengers may only be carried on a tractor and road train if they can be assigned a safe seat and only where they will be assisting with the work carried out by the tractor. Children under 13 years are not permitted.

In addition to the above, the rules of the Danish Road Traffic Act apply.

- *Trafikministeriets bekendtgørelse nr. 530 af 29. maj 1996 om indretning og udstyr for traktorer og motorredskaber med senere ændringer (Traktorbekendtgørelsen).*
- *Transportministeriets bekendtgørelse nr. 258 af 10. marts 2011 om detailforskrifter for køretøjers indretning og udstyr med senere ændringer.*
- *Transportministeriets bekendtgørelse nr. 1497 af 1. december 2016 om køretøjers største bredde, længde, højde, vægt og akseltryk med senere ændringer (Dimensionsbekendtgørelsen).*
- *At-vejledning B.1.1.1 om førerværn til traktor og motorredskaber.*
- *At-vejledning D.6.2 om hånd-arm vibrationer.*
- *At-vejledning D.6.7 om helkropsvibrationer.*
- *At-anvisning nr. 2.3.2.1 om godkendelse af afprøvning af førerværn til traktorer og visse selvkørende motorredskaber.*
- *BAU Jord til Bord, Branchevejledning om Sikker kørsel med frontmonterede redskaber.*
- *BAU Jord til Bords hjemmeside, www.helkropsvibrationer.dk.*
- *BAU Jord til Bord, www.helkropsvibrationer.dk.*





Exhaust fumes

Exhaust fumes are harmful if inhaled and are included in *Arbejdstilsynet's* list of carcinogens. A chemical risk assessment must be carried out of work processes that generate harmful exhaust fumes.

Exhaust fumes from combustion engines primarily consist of nitrogen oxide, carbon dioxide, soot particles and water vapour. Carbon monoxide, sulphur dioxide, lead and various decomposition products, as well as petrol, etc., are also present.

Be sure to use machines correctly to avoid harmful substances. They must be set up so that they run properly. Use machines where the exhaust is turned away from the operator and avoid machines idling for too long or being powered up and down too many times.

Avoid using leaded petrol as a fuel for chainsaws. Petrol specially intended for chainsaws has the least amount of harmful substances in its exhaust emissions. In addition, unleaded petrol should be used.

By setting up the machines correctly and using them optimally, you can minimise many of the long-term adverse effects.

Machines with combustion engines can be deadly if used in an enclosed space.

- *At-vejledning 1.10.1 om Luftforurening fra arbejdsprocesser.*

Young persons' work



Special rules apply for the employment of young persons under 18 years of age in the case of work for an employer, including work within the employer's private household and work in family enterprises, i.e. work that is exclusively carried out by the members of the employer's family belonging to the household.

With any employment of young persons under the age of 18 years, care must be taken, when organising the work, to ensure that the work can be carried out appropriately in respect of health and safety.

The employer must take measures based on an assessment of the risks that the work will present to young persons, taking particular account of the special risks arising from their inexperience, lack of awareness of risks and the fact that they are not yet fully developed. In addition, the physical, biological, chemical and psychological effects that young persons may be exposed to, in both the short and long term, must be taken into account.

The employer must ensure that young persons receive thorough training and instruction, including being made aware of the risks and the measures that have been taken with regard to their health and safety.

The employer must ensure that young persons are familiar with the information contained in the safety data sheets/directions for use concerning work with substances and materials, technical aids, etc.

The work must be carried out under effective supervision of a person over the age of 18 who has the necessary insight into the nature of the work.



Young persons under 18 years of age

Young persons under 18 **may not** i.a. work with the following:

- chainsaws
- clearing saws
- brushcutters
- hedgetrimmers
- nail and bolt guns, with the exception of nail guns with a mass not exceeding 0.3 g
- appliances for cleaning, etc., with a working pressure exceeding 70 bar (7MPa)
- coupling and uncoupling of vehicles, machines and implements with
 - power transmission
 - tractors
 - tractors with rotary tillers
 - tractors equipped with a winch
 - tractors equipped with loading or digging apparatus
 - tractors equipped with lifting devices
- excavating and loading machines
- industrial trucks
- pallet jacks
- load stabilisers
- forklift trucks
- sweeping machines
- cleaning machines
- rotary tillers
- lawnmowers
- snow-clearing machines
- cranes and other lifting implements and winches
- mobile personnel lifts and work platforms, hanging scaffolds, tail lifts, winches and dragging buckets
- forestry machines, including composters and wood-chippers
- mowers

- sweeping and cleaning machines
- motorised lawnmowers
- lifting devices or conveyors
- elevators that are not push-button controlled
- lubrication, cleaning, repair and similar work on running engines, machines, transmissions and other mechanical devices where the moving parts are accessible and may cause personal injury
- vibrating hand tools, e.g. chisel hammers, bolt tensioners, concrete vibrators and rivet hammers, drills and sanders, and vibrating hand tools with a vibration level exceeding 130 dB (HA). Young persons are allowed to do short-term work, i.e. less than 30 minutes in an 8-hour work day, with drills and sanders.
- work involving risk of high-voltage shock
- autogenous welding, flame cutting and arc welding
- weed burners

Work with the following is however permitted if the moving parts are not accessible during operation and there are no other hazards associated with the machines.

- circular saws, clipping and cutting machines, milling machines, graders, thickness planers, lathes for metal, wood, etc., and drills with a drill socket for drill bits larger than 13 mm
- hay balers and mechanical, hydraulic and pneumatic compactors and waste compactors, including cardboard balers
- screw conveyors.

Young persons under 18 **must not** work with, or otherwise be exposed to, the effects of a range of substances and materials, e.g. detergents, disinfectants and pesticides, marked with at least one of the following red/white pictograms pursuant to the CLP Regulation:





This concerns e.g. the following:

- Substances and materials covered by *Arbejdstilsynets bekendtgørelse om foranstaltninger til forebyggelse af kræfttrikoen ved arbejde med stoffer og processer*.
- Work involving substances and materials that are marked as toxic or might cause chronic harm, e.g. asthma, allergies and reproductive issues.
- Organic solvents included in *Arbejdstilsynet's* list of organic solvents in the limit value guidelines for substances and materials.
- Materials containing 1% or more solvents covered by the above item on organic solvents.
- Biological agents in groups 3 and 4 of Executive Order no. 57 of 27 January 2011 on biological agents and health and safety, or other work where they may be subject to the effects of such agents due to the nature of the work or the conditions under which it is performed.
- Examples of symbols and hazard phrases that young persons may not work with, which should be found on the agent's label (see Table 7). The list is not exhaustive, but will provide assistance with understanding the rules concerning young persons' work.

Read more about what young persons under the age of 18 are not permitted to work with in *Ungebekendtgørelsen*, § 12 and appendices.

16- and 17-year-olds

16- and 17-year-olds, who are not subject to the duty to receive education, may work with the technical aids and equipment listed below:

- Tractors, provided the young person has a tractor licence.
- Tractors with rotary tillers, provided the young person has a tractor licence (within agriculture and horticulture).
- Self-driving combine harvesters, provided the young person has a tractor licence (within agriculture and horticulture).



15-year-olds

Young persons who have reached the age of 15, and who are not therefore subject to the duty to receive education, may, on the condition that they are under professional supervision and instruction, work with the following within the area of cleaning:

- Dilution with water of detergents containing organic solvents for the employee's own use, provided the ready-to-use mixture does not contain 1% or more organic solvents.
- Occasional use of polishing agents containing up to 15% ethanol or 5% propanol.

Physical strain

Young persons must not be exposed to noise or vibrations that might put their health at risk.

Young persons must not be employed in work that may result in a suffocation hazard in an oxygen-deficient atmosphere.

When lifting heavy loads, special attention must be paid to the young person's age, gender and physique, and it must be ensured that lifting is performed close to the body and that the load does not exceed 12 kg wherever possible. Out of the same considerations, one-off lifts of loads up to 25 kg should be avoided. If the load is carried over a distance, there should be a proportionate reduction in the load. If young persons perform manual pushing or pulling, special consideration should be given to their age, gender and physique, it must be ensured that the total strain does not constitute a health and safety risk, and the work must be performed such that the force that has to be exerted to initiate or maintain the push-pull is low.



Work demanding continuous manual handling that is strenuous or consistently physically demanding should be limited to short periods, and special consideration should be given to the young person's age, gender and physique.

Young persons must not engage in work processes that could pose a risk of explosion, unless effective technical measures have been taken to prevent personal injury, and special consideration should be given to the young person's age, gender and physique.

Young persons in education

Young persons over the age of 15 where work is a necessary part of a qualifying vocational programme are permitted to carry out work that is normally prohibited for young persons under 18 years of age.

This is on condition that the work tasks are carried out under the effective supervision of a person over 18 years of age who has the necessary insight into the nature of the work.

In the case of work with vibrating hand tools, daily work must be organised in such a way as to include frequent breaks.

There are special rules for young persons' working hours, rest periods and rest days.

- *Arbejdstilsynets bekendtgørelse nr. 239 af 6. april 2005 om unges arbejde med senere ændringer.*
- *At-vejledning E.0.1 om undervisningspligtige unges arbejde.*
- *At-vejledning E.0.2 om ikke undervisningspligtige unges arbejde.*
- *At-meddelelse nr. 4.01.6 om arbejdsmiljølovgivningens anvendelse*
- *for elever i erhvervspraktik.*
- *CLP Regulation (EC) no. 1272/2008 on classification, labelling and packaging of substances and mixtures.*
- *BAU Jord til Bord, Branchevejledning om Børn og Unges arbejde i*
- *Jordbruget.*

Vibrations



All work must be planned and carried out so that employees are not exposed to harmful vibrations. A distinction is made between hand-arm vibrations and whole-body vibrations.

Hand-arm vibrations

Wherever possible, machines and tools must be designed to minimise vibrations. Similarly, work methods where employees are exposed to vibrations should be avoided as much as possible.

Hand-arm vibrations are the shaking sensation that affects the hands and arms when using hand tools.

Hand-arm vibrations occur in particular when using striking, rotating or vibrating hand tools, such as chisel hammers, drill hammers, chainsaws, and vibrating and rotating sanders. Vibrations can also occur when using handheld machines such as vibrating rollers and garden rotary tillers.

Tingling or numb fingers are the first signs of harmful effects of vibrations. If you become aware of these signs, you should take a break from using the vibrating tool and take steps to lessen the effect. Over a longer period, there is a risk of developing "white finger". White finger manifests in cold conditions as white, cold and numb fingers.

Limit values and action values – hand-arm

- The daily exposure action value for an 8-hour reference period is 2.5 m/s². This means that measures must be taken for loads of 2.5 m/s² and above.
- The daily exposure limit value for an 8-hour reference period is 5 m/s². This limit must not be exceeded.



The vibration load can be reduced through technical measures or by limiting exposure time.

If vibration effects are suspected to be harmful, the employer must perform measurements. Symptoms of harmful vibration effects can include:

- permanently reduced sensation and gripping strength
- constant twitching in the fingers
- pain in the shoulders and joints
- increased risk of osteoarthritis.

Possibilities for limiting vibration effects include:

- suspending the tool and isolating the vibration source from the rest of the machine,
- maintenance and replacement of rubber mounts and
- use of vibration-insulating handles and gloves.

The machine must be low-vibration. The vibration level should be stated in the directions for use for handheld CE-marked machines. If the vibration emission exceeds 2.5 m/s^2 , this must be stated in the directions for use.

Whole-body vibrations

Whole-body vibrations are the shaking sensations that affect the driver of a vehicle via the seat.

Whole-body vibrations can contribute to back problems, especially lower-back pain, but also prolapsed discs and early degeneration of the spine. Higher vibration emission and longer-term exposure increase the risk, while rest periods reduce it.

Fixed postures and frequent twisting of the back increase the risk of injury. Similarly, bumps and unexpected movements, e.g. caused by uneven surfaces, increase the risk.

Unnecessary vibration impact should be avoided.



Limit values and action values – whole body

- The daily exposure action value for an 8-hour reference period is 0.5 m/s^2 . This means that measures must be taken for loads of 0.5 m/s^2 and above.
- The daily exposure limit value for an 8-hour reference period is 1.15 m/s^2 . This limit must not be exceeded.

Measures to minimise the risk of injury:

- Drive at speeds that are not excessive for the surface being driven on.
- Avoid driving over manhole covers, potholes, etc. If possible, level out stretches that are often driven on.
- Use an anti-vibration seat suitable for the vehicle. The seat should have good back support and be easy for the driver to adjust. It must have especially good lumbar support, and it is also important that it is adjusted in relation to the driver's weight.
- Maintain the vehicle's suspension, shock-absorption, etc.

New machines should be low-vibration and have seats that limit the vibrations experienced by the operator. In addition, the vibration emission should be stated in the directions for use if it exceeds 0.5 m/s^2 .

- *At-vejledning B.1.3 om maskiner og maskinanlæg.*
- *At-vejledning D.3.4 om arbejdsrelateret muskel- og skeletbesvær.*
- *At-vejledning D.6.2 om hånd-arm vibrationer.*
- *At-vejledning D.6.7 om helkropsvibrationer.*
- *BAU Jord til Bord, Helkropsvibrationer i landbruget.*
- *BAU Jord til Bords hjemmeside, www.helkropsvibrationer.dk.*



Angle grinders

Angle grinders can cause serious accidents as result of the disc shattering. In addition, there is risk of nuisance effects such as dust, noise and vibrations.

Grinding discs must be suitable for the machine and its rpm. The discs must be marked with the maximum permitted peripheral speed in m/s and with the maximum permitted rpm. When replacing grinding discs, the power must be switched off and the plug taken out.

The angle grinder should be supplied with a safety guard that can catch fragments of the disc if it shatters.

The angle grinder should be handled so that sparks and dust are directed away from the body.

Eye protection must be provided and used when working with angle grinders.

Dust from angle grinders must be effectively removed by means of local extraction or the dust shroud. If the dust cannot be removed effectively, a respirator with an approved dust filter must be used. Take into account wind direction when working outdoors.

If the noise level of the angle grinder exceeds 80 dB(A), hearing protection must be provided and used.

When working outdoors or in damp rooms, only cables, sockets and plugs of a robust type (red/yellow or neoprene) that can withstand moisture and oil may be used.

Angle grinders vibrate a lot, so their vibration levels should be reduced, e.g. through use of insulating handles. Gloves can also help to minimise any harmful vibration effects. However, be aware that vibration-insulating gloves have a limited effect on vibrations and do not work at frequencies below approx. 100 Hz.

All new angle grinders must be CE marked.

Eye protection



Eye protection is personal protective equipment that protects the eyes against harmful mechanical and chemical effects or against radiation (welding arcs).

Eye protection includes protective goggles that fit closely to the face, face shields, mesh or part of a full-face mask. Protective goggles are available with and without side protection.

If eye protection is being used together with head, hearing and/or respiratory protection, the overall protection must not be impaired. If there is a risk of this, a special combi kit should be used.

It is the role of the employer to:

- acquire and pay for eye protection, which is then the property of the employer
- make sure that the eye protection is properly maintained and cleaned.

It is the role of the employee to:

- ensure that they are provided with and use eye protection during work
- ensure that they are instructed in the use of eye protection and informed of the risks associated with not using it.

When working with chainsaws, angle grinders and brushcutters, eye protection must always be worn.

Directions for use in Danish must be provided when eye protection is purchased. The directions for use must provide information on protective properties, customisation, use, maintenance and storage.

Eye protection should be chosen to suit the nature of the work. When welding, use a helmet with a visor, a face shield or goggles; when working with chainsaws, use a mesh visor or protective goggles.

Airtight eye protection must be anti-fog. Eye protection must be customised for the person using it.

- *At-vejledning D.5.8 om øjenværn.*



Respiratory protection

A respirator is personal protective equipment that provides protection against the inhalation of contaminated air and/or in the absence of oxygen.

The employer must ensure:

- that the employee is provided with respiratory protection that is suitable for use under the existing work site conditions
- that the respiratory protection is used from the start of work and throughout its duration
- that the respiratory protection provides the intended protection at all times and does not cause unnecessary nuisance
- that the respiratory protection fits the user
- that the respiratory protection is well maintained and is clean, dry and disinfected before being put into use
- that the employee receives instruction in how to use the respiratory protection and is aware of the risks associated with not using it
- that the chosen respiratory protection is CE marked.

The respiratory protection must be used from the start of work and throughout its duration. The employee should contribute to the proper functioning of the equipment and report defects and deficiencies to the employer, supervisor or health and safety organisation.

There are two main types of respirator available:

- supplied-air respirator
- air-purifying respirator

For either type, the face section can be designed as half or quarter masks, as hoods, as mouthpieces or as face shields. A respirator can either filter (purify) the surrounding air before it is inhaled or it can supply clean air. If the air-purifying respirator is fitted with a blower or an auxiliary motor, the breathing is eased to the same extent as with an air-supplied respirator.

Respirators must be selected according to the nature and concentration of the contaminated air, however where there is a deficiency of oxygen a supplied-air respirator should always be used.

When choosing a respirator, the nature of the work must be taken into account, as well as beard, head shape and whether glasses, helmet, hearing protection, etc., need to be worn at the same time, which can affect the function of the respirator.

Consideration must also be given to whether a supplied-air respirator should be used or whether an air-purifying respirator is adequate. It is important to understand the features of the different respirators in order to choose the right one. A wrong choice can have catastrophic consequences, such as loss of life if an air-purifying respirator is used where there is a deficiency of oxygen.

Supplied-air respirator

Compressor masks and hoods are respirators that receive air from a compressor or stationary pressure vessel. A pressure demand respirator is a form of respiratory protection that receives air from a pressure cylinder carried by the user. A continuous flow respirator is a form of respiratory protection using compressed oxygen. A fresh-air breathing mask is a form of respiratory protection where the user breathes through a tube connected to fresh air.

A supplied-air respirator can be worn throughout a full working day, however this should include breaks, the length of which will depend on the workload and level of discomfort. Work that does not require the use of a respirator can be carried out during these breaks.

Air-purifying respirator

An air-purifying respirator can be a whole or half mask with a replaceable filter against particles and/or gases. If the air-purifying respirator is equipped with a battery-powered





motor (turbocharger) that blows the air through a filter, a hood can also be used as a face piece. Air-purifying respirators are also available as air-purifying face masks. Air-purifying respirators may only be used for 3 hours during a working day. The 3 hours should not be consecutive. Should the mask need to be used for more than 3 hours over a working day, an air-purifying respirator with a turbo unit (blower) or a supplied-air respirator should be used from the start of work.

Respirators with particle filters (dust filters) for full or half mask

Particle filters never protect against gases or vapours. Some filters do not protect against liquid aerosols, as indicated on the labelling.

Particle filters (dust filters) are divided into three classes:

- P1 low-effect filter
- P2 medium-effect filter
- P3 high-effect filter.

Class P1 has the lowest filtration level and therefore protects only to a limited extent against dust (solid particles). If the filter has been tested, it protects against both solid particles and liquid aerosols. The filter cannot be used if the limit value for the pollutant is below 5 mg/m³. Examples of dust types that the filter does not protect against are moulds and quartz dust.

Class P2 has a higher filtration level and therefore protects to a greater extent. It can protect against harmful and toxic particles, but not against bacteria and viruses. These filters can protect only against solid particles, or both solid particles and liquid aerosols, if the filter has been tested.

Class P3 has the greatest filtration level and protects against the same substances as P2 and against bacteria and viruses. If the filter has been tested, it protects against both solid particles and liquid aerosols. Not all P3 filters are suitable for use in half masks.

Particle filters that protect against only solid particles may be marked “Only for use against solid particles” or “Not for use

against liquid aerosols”. In addition, these filters will be marked with S. Filters that also protect against liquid aerosols may be marked with L, and filters that protect against both solid particles and liquid aerosols may thus be marked with SL.

The dust coating on the filter increases inhalation resistance. When inhalation resistance gets too high, the filter must be replaced.

Gas filters for whole or half masks

Gas filters do not protect against dust.

Gas filters are divided into classes and types. The class indicates the quantity of gases and vapours the filter can absorb, while the type indicates which kinds of gases the filter can absorb.

Gas filters are divided into three classes:

- Class 1 low-capacity filter
- Class 2 medium-capacity filter
- Class 3 high-capacity filter

It must be stated in the supplier’s directions for use which gases the filters protect against.

Combination filter types should be used to protect against both dust and gases. *Arbejdstilsynet* normally recommends at least an A2p2 filter to protect against both dust and gases.

Filters for several different gases and combinations of particles have colour codes for each individual type.

A gas filter can absorb a certain quantity of air contamination. After this, the contaminated air will begin to leak through. A gas filter must be replaced before it becomes compromised or contaminated air can be smelt.

Some suppliers can calculate the estimated lifetime of the product if details of the contamination concentration and workload are provided. The filter must be replaced in good time before the calculated lifetime expires.





If no such details are available on the filter's lifetime, a supplied-air respirator must be used.

Filters normally have a lifetime of 3 hours. This will generally be shorter if the filter has been used in connection with mist-spraying.

The supplier must ensure that directions for use are always provided in Danish upon delivery. These should be clear and easy to understand, and include details regarding:

- the respirator's durability, storage, use, cleaning, maintenance, repair and disinfection,
- and what spare parts can be used with the respirator
- any restrictions on use of the respirator
- the lifetime of the respirator and its parts, suitable packaging for the transport of the respirator
- any important labelling.

For turbo equipment, the instructions for use must state which combinations of face piece, turbo unit and filter are to be used together.

For the respirator to provide the intended protection, it is important that the instructions given in the supplier's directions for use on maintenance and storage are followed carefully. The lifetime of the respirator is completely dependent on this.

Safety signs must be displayed in areas where respirators are used.

Instruction and training must cover replacement of filters, customisation, maintenance and storage of the respirator. In addition, learning how to put on and remove the respirator should be included. Employees must also be aware of the risks associated with not using respiratory protection.



Employees must use respiratory protection where required. Respiratory protection must always be used for pressure washing, demolition, and handling dusty and mouldy material.

In situations that are especially demanding due to the nature of the work, temperature conditions or similar, the length of time for which the respiratory protection is used must be reduced.

The employer meets the cost of personal protective equipment and is responsible for its cleaning and maintenance. The employer owns this equipment.

Young persons under 18 years of age may not work for more than 4 hours a day in areas where supplied-air respirators are used.

All respiratory protection and any elements that are important for the equipment to function must be CE marked.

- *At-vejledning D.2.20 om brug af vandtryk til rengøring, afrensning, skæring mv.*
- *At-vejledning D.5.1 om trykluft til åndedrætsværn.*
- *At-vejledning D.5.4 om åndedrætsværn.*
- *BAU Jord til Bord, Vejledning om brug af personlige værnemidler – Indendørs.*
- *BAU Jord til Bord, Vejledning om brug af personlige værnemidler – Udendørs.*

